## **#RelationshipGoals** 3-Week Zoom Workshop August 2025



FREE for ALL, ages 14+
Trauma Informed • Respectful Facilitators •
LGBTQIA Friendly • Come As You Are •

Our program teaches skills and knowledge for healthy relationships of all kinds: romance, friendship, family, school, work, and safely ending unhealthy relationships.

Relationship Goals is all about creating new, positive habits for your life and future.

- **EARN ABOUT**
- Communication Skills
- Dealing with Conflict
- Sex and Intimacy
- Recognizing Red Flags
- Family and Life Planning
- Setting Future Goals

Your Future Your Relationships A Healthier Way

Have Questions? Please email: relationships@communitycollege.org kalmanza@communitycollege.org



WHEN:

THURS

AUG 14th

AUG 21st

AUG 28th

5:00-6:30pm

TUES

AUG 12th

AUG 19th

AUG 26th

THE COMMUNITY COLLEGE