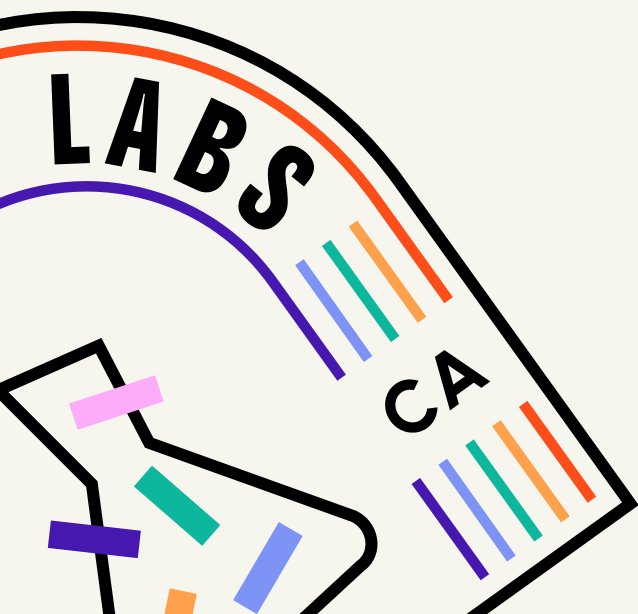




Welcome To Rainbow Labs!!!

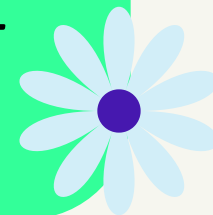
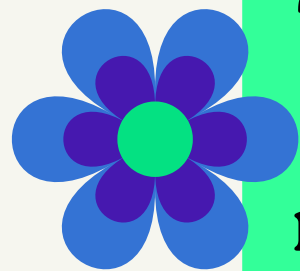
www.rainbowlabs.org



About Rainbow Labs



Rainbow Labs was founded in 2020 by Jacob Toups and Luis Vásquez to address the unique challenges faced by queer and gender nonconforming youth across Los Angeles. Our program provides year-round accessible programming and mentorship for LGBTQ+ youth, particularly in South and East LA.



Community. Empowerment.

Learn how we
empower
LGBTQ+ youth
through
mentorship,
advocacy, and
community
support.



OUR

Mission

Rainbow Labs emboldens LGBTQ+ youth to discover, curate, and experiment with the elements of a fulfilled life through community building, accessible programming, and LGBTQ+ mentorship.

OUR

Vision

A world in which all LGBTQ+ youth see themselves as co-creators of an equitable, inclusive, and progressive society.



Our Staff



Luis Vásquez

he/him

Co-Founder/Managing Director



Jacob Toups

he/him

Co-Founder/Executive Director



Grecia Mondragón

she/her

Director of Operations



Roy G. Pineda

he/him

**Community Engagement
Associate**

Our Staff



BrandElsa Peireira
they/them
Program Coordinator



Destiny Contreras
she/her
Program Coordinator



Tommy Purdy
he/him
Program Coordinator

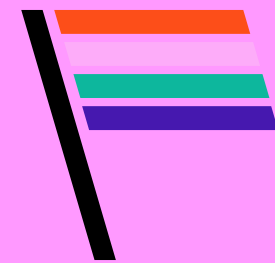


Andrea Montecinos
she/her
Program Coordinator



Joey Harvey
they/them
Marketing and Development
Coordinator

Our Programs



Leadership Lab



BrandElsa Peireira
they/them
Program Coordinator

September - June (9 Months)

A leadership program for LGBTQIA+ youth to serve as advisors to Rainbow Labs' staff and board, contributing insights on programming, recruitment, and community needs.

Mentors get paired with a Leadership Lab fellow, youth (1:1)

**Location : RLABS HQ
(DTLA) + Field Trip
Locations**

Our Programs



Storytelling Lab



Destiny Contreras
she/her
Program Coordinator



Tommy Purdy
he/him
Program Coordinator



Andrea Montecinos
she/her
Program Coordinator

Fall (1 Semester - 12 Weeks)

After-school Art focused program where LGBTQ+ youth share their stories, lead projects, and shape their community. Their ideas drive the program - and their voices lead the way.

Mentors work with after school youth group.

**School Locations: East LA (2),
South LA (2) & Fairfax/WEHO (1)**

- **SOUTH LA** : Animo James B Taylor Middle School - 810 E 111th Pl, Los Angeles, CA 90059
- **SOUTH LA** : Alain LeRoy Locke College Preparatory Academy - 325 E 111th St, Los Angeles, CA 90061
- **EAST LA** : Esteban E. Torres High School - 4211 Dozier St, Los Angeles, CA 90063
- **EAST LA** : Belvedere Middle School - 312 N Record Ave, Los Angeles, CA 90063
- **FAIRFAX/WEHO** : Fairfax High School - 7850 Melrose Ave, Los Angeles, CA 90046

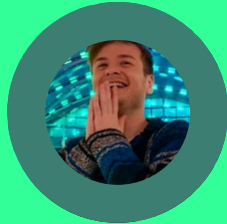
Our Programs



Innovation Lab



Destiny Contreras
she/her
Program Coordinator



Tommy Purdy
he/him
Program Coordinator



Andrea Montecinos
she/her
Program Coordinator

Spring (1 Semester - 12 Weeks)

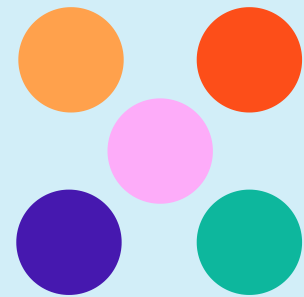
After-school STEM-focused mentorship program designed to address the underrepresentation of LGBTQIA+ individuals/youth in science and technology.

Mentors work with after school youth group.

**School Locations: East LA (2),
South LA (2) & Fairfax/WEHO (1)**

- **SOUTH LA** : Animo James B Taylor Middle School - 810 E 111th Pl, Los Angeles, CA 90059
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Our Programs



Sports Lab

LGBTQ+ Youth Softball Team - June - September (2X Per Week)

Program done for now.



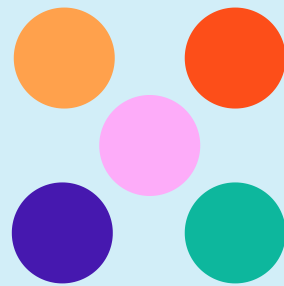
Destiny Contreras
she/her
Program Coordinator

Run Club - Fall & Spring (7 Weeks)

Run Club is twice a year
for 7 weeks (Fall + Spring)
in East Los Angeles.

Location : East LA

Our Programs



Sports Clinics



Destiny Contreras
she/her
Program Coordinator

Clinics are throughout Los Angeles County and are four times a year. Our LGBTQ+ Youth friendly sports clinics are done in partnership with youth development providers and schools throughout Los Angeles County. Each clinic runs for four hours. We bring in LGBTQ+ adults from sports leagues across Los Angeles County to help facilitate sports such as soccer, basketball, softball, dance, and much more.

All youth (LGBTQ+ and Allies) are welcome to participate. We structure these clinics for ages 13+ (middle school and high school aged youth.) Our goal is to expose youth to the idea that the LGBTQ+ community embraces the important life skills (such as team work and friendship) that sports teaches us when facilitated in an emotionally safe environment.



Rainbow Labs

SPORTS LAB

OCT 21
&
NOV 18

FALL
2025

VOLUNTEERS NEEDED!!

TIME, DATES & LOCATION

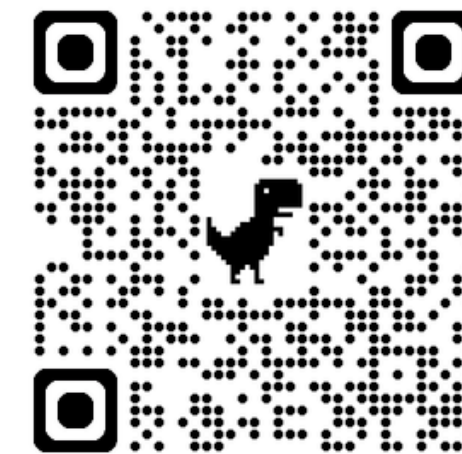
Afterschool from 3:45–5:30PM

October 21st – George Washington
Carver Middle School

November 18th – International
Middle School

- GAIN PROFESSIONAL WORK EXPERIENCE
- CONNECT WITH YOUTH
- IT'S BASICALLY RECESS!

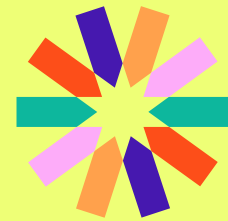
IN COLLABORATION
WITH::



Questions?

Reach out to dcontreras@rainbowlabs.org

Our Programs



One Bold Summer (OBS)



BrandElsa Peireira
they/them
Program Coordinator



Destiny Contreras
she/her
Program Coordinator



Tommy Purdy
he/him
Program Coordinator



Andrea Montecinos
she/her
Program Coordinator

Summer (4 Weeks)

OBS is a FREE immersive experience that invites LGBTQIA+ youth to explore Rainbow Labs' core offerings - Storytelling, Sports, Innovation, and Leadership Labs - through full-week, hands - on programming in a safe, inclusive, and culturally responsive space.

Mentors work with OBS youth group.

**Location : RLABS HQ
(DTLA) + Field Trip
Locations**

Mentor Component/Overview

Looking to create the space you wish you had!

Rainbow Labs is proud to be one of the five mentoring programs in the U.S. that focuses specifically on Queer and Gender Nonconforming youth. When looking for mentors we look for folks who want to show up, share their story, and help create something better.

You can be mentoring for the first time or have years of experience, your identity and lived experience matter! Together, we build safer, affirming spaces that many of us needed growing up.

Mentors are matched to programs based on their interests, experience and availability. Recruitment process includes Application, Interview Screening, Onboarding, and Training.



**Scan QR Code
for
Mentor Application**

The Benefits Of Mentorship

01

LGBTQ+ youth who had at least **one** accepting adult in their life were **40% less likely** to report a suicide attempt in the last year.

02

Affirming adults contribute to creating **safer** and **more inclusive** environments, in schools, community centers, or other settings.

03

This sense of safety and belonging can **significantly improve** mental health outcomes for LGBTQ youth

04

Supportive relationships with affirming adults help LGBTQ youth develop better **cop**ing **mechanisms** and resilience in the face of adversity.

Context Mapping

1

How does understanding the context of LGBTQ+ youth help us provide better support and build stronger relationships?

2

Defining “nature” vs. “nurture”

3

Identifying “protective” factors & “risk” factors

4

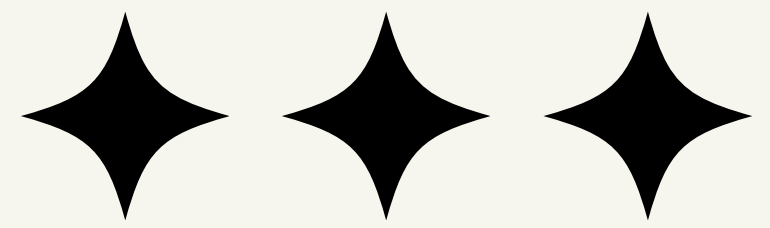
How do these factors impact LGBTQ+ youth differently?

5

What does this mean for us?



Q & A



Thank you
for your
engagement!

