

SELF
ENRICHMENT
SERIES 2011
WORKSHOPS FOR
YOUTH AND ADULTS



Join us for a series of events designed to give youth ages 14+ in Foster-care (including probation) New Opportunities, New skills and New hope for a brighter future!

Tuesday, April 5th– 6p to 8p

Self Presentation Matters! - Learn how to present yourself when you walk in a room that shows confidence and commands respect.

Tuesday, April 12th- 6p to 8p

What Colors Work Best For Me? – Learn what color best represents you and how important this can be in developing your whole self.

Tuesday, April 19th–6p to 8p

Social Etiquette –How important is having a proper email address or voicemail for potential employers to hear? Did you know schools and employers can check your facebook page? Come learn how you can increase your chances of making a winning impression!

Wednesday, April 20th–6p to 8p

Keeping Your Cool in the Workplace–Learn to manage your anger to avoid losing your job!

Tuesday, April 26th- 6p to 8p

Getting the Proper Fit–Men, do you know your shirt size? Ladies, do you know your proper bra size? Come find how to measure and shop for properly fitted clothing.

Wednesday, April 27th- 6p to 8p

True Colors to Your Career–Come find out what kind of career best fits your personality and how to begin the process toward your ideal career.

Saturday, April 30th - 9a to 5p

Independent City— Learn how to manage life after Foster Care! Come experiment with adult living for the day and learn to navigate the DMV, banks, housing resources, financial aid and more. There will be food and incentives.
(parent workshops for training hours also)

ALL EVENTS TO
BE HELD AT:

PASADENA
CITY COLLEGE'S

COMMUNITY
EDUCATION
CENTER

3035 E.
FOOTHILL BLVD
PASADENA 91107

To register please call:

(626) 585-3037

txreed@pasadena.edu

Dress and Suit giveaway

(formerly Feel like a Prince and Princess event)

Saturday, April 30th— 4:30p

(immediately following Independent City)

Prom is just around the corner? Come and select from gowns, shirts and ties in a variety of colors and styles!

