

## **TRANSITIONAL INDEPENDENT LIVING PLAN (TILP)**

- A guide to help prepare youth for adulthood.
- A planning tool for County staff to use in preparing youth to transition successfully to adulthood
- A map for caretakers to use in helping youth meet their goals
- A key element for the County's Youth Development Services Program is designed to prepare youth in out-of-home placement for successful lives as adults
- A youth's ticket to receive ILP and Other services and benefits for educational, career, and housing needs

## **SUMMARY OF SERVICES**

(Check for Funding Availability)

- Website ([www.ilponline.org](http://www.ilponline.org)) – Resources of available services
- Education-related costs; high school graduation expenses, scholarships
- Chafee Education and Training Vouchers from the Student Aid Commission - maximum amount per academic year varies depending on the school of attendance
- Referrals for work-related costs; transportation
- Career Technology
- Referrals for mentoring resources
- Independent Living Program life skills training classes
- Housing programs; rental assistance; dorm assistance; start-up costs; homeless assistance funds

## **ROLES OF YOUTH, DEPUTY PROBATION OFFICER (DPO)/CHILDREN SOCIAL WORK (CSW) AND CARETAKER**

### **YOUTH**

- Explore own goals and aspirations
- Develop an educational and career plan with DPO/CSW/caregiver's help
- Ask questions when things are unclear
- Visit a Transition Resource Center before your case closes
- Participate in a youth self-report to help improve programs

### **DPO/CSW**

- Help youth identify goals, work on activities that will help her/him achieve those goals, and link youth to resources
- Monitor youth's progress at monthly home visits
- Keep communication lines open and respond to youth requests in a timely manner

### **CARETAKER**

- Help youth define goals and aspirations
- Teach youth life and social skills
- Help youth with needs in school

### **TRANSITION COORDINATOR**

- Assess youth's employment, housing and educational needs
- Inform youth of available resources
- Link youth to appropriate service organizations.

## **YOUTH TRANSITION TASKS**

(14-21)

### **EDUCATION PLANNING:**

Attend school, acquire study skills, and work with school counselor in deciding on a college or vocational path.

### **CAREER PLANNING:**

Prepare a resume, obtain a work permit, apply for a job, and gain work or volunteer experience.

### **DAILY LIVING SKILLS:**

Perform household tasks, plan & prepare meals, attend to personal grooming, take care of clothes and learn how to acquire important documents.

### **MONEY MANAGEMENT:**

Earn, budget and save money.

### **SELF CARE:**

Focus on physical and mental health.

### **SOCIAL DEVELOPMENT and RELATIONSHIP BUILDING:**

Develop friendships; show respect for self and others; learn about local service agencies; avoid negative peer pressure; form support networks with positive role models or a mentor; demonstrate anger management, ask for help.

### **HOUSING PROGRAMS**

- Transitional Housing Placement Program (THPP)
- Transitional Housing Program (THP)
- Transitional Housing Program Plus (THP Plus)
- DCFS: Homeless Prevention Initiative (HPI)
- Probation: Transitional Permanency Project (TPP)

**Please contact your Transition Coordinator for additional Housing Programs information**

**[WWW.ILPONLINE.ORG](http://WWW.ILPONLINE.ORG)**

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## HOW TO ACCESS SERVICES

- Visit a Transition Resource Center (TRC)

### Antelope Valley TRC

1420 W. Avenue 1  
Lancaster, CA 93534  
661-726-4128

### Covina TRC

1373 E. Center Court Drive, Covina CA 91724  
626-938-1817

### Community Build, TRC

8730 S. Vermont Ave., Los Angeles, CA 90044  
323-565-4241 (9am-12pm)

### Edelman's Children's Court TRC

201 Centre Plaza Dr., Ste 4  
Monterey Park, CA 91754  
323-526-6034

### Metroplex Center

3530 Wilshire Blvd., Los Angeles, CA 90010  
213-351-0100

### Long Beach TRC

3447 Atlantic Avenue, Long Beach, CA 90807  
562-570-4700

### Pasadena Alumni Support Center

1110 E Green St., 3<sup>rd</sup> Floor Pasadena, CA 91106  
626-356-5350 / 1-877-735-7272

### San Fernando Valley TRC

15259 Gresham St., North Hills, CA 91343  
818-895-0229

### Whittier TRC

10750 Laurel Ave., Whittier, CA 90605  
562-906-3417

## IMPORTANT PHONE NUMBERS

### California Student Aid Commission

888-224-7268 (press #3)  
www.csac.ca.gov

### California Youth Connection (CYC)

800-397-8236  
www.calyouthconn.org

### California Youth Crisis Hotline

800-843-5200 (24hrs)

### Crisis Line for Teens

800-656-4673

### Domestic Violence Emergency Help Line

800-799-7233 (SAFE)

### Los Angeles Child Protection Hotline

800-540-4000 (24 hrs/7 days)

### Los Angeles Youth Development Services

Ombudsman Office  
626-229-3583

### Mental Health Services, Transition-age Youth Division

213-738-2408

### National Runaway Switchboard

800-786-2929 (800-RUN-AWAY)

### Social Security Administration

800-772-1213

### State Ombudsman Office

877-846-1602  
(Mon-Fri 8:00 a.m. to 5:00 p.m., Leave message after working hours)

### Youth Development Services

213-351-0100/877-694-5741 (877-MY ILP 411)  
(Mon-Fri: 8:00 a.m. to 5:00 p.m.)  
www.ilponline.org

# Los Angeles County Youth Development Services Division

## SUPPORTING YOUTH THROUGH PARTNERSHIPS

Department of  
Children and Family Services  
Probation  
Mental Health

Main Office: (213) 351-0100 / (877) 694-5741



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