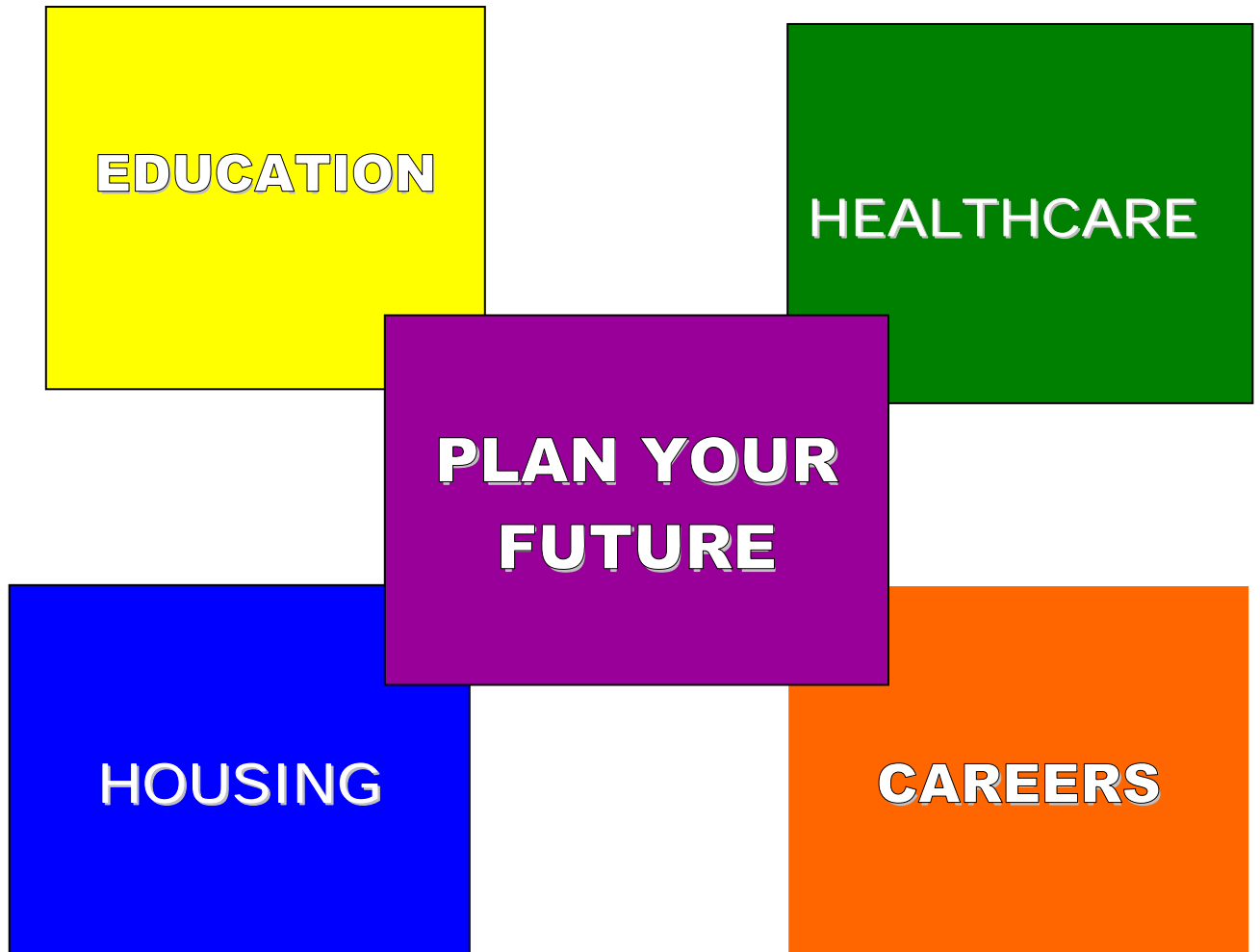


INFORMATION and RESOURCE DIRECTORY **for TRANSITION-AGE YOUNG ADULTS**



LOS ANGELES COUNTY **YOUTH DEVELOPMENT SERVICES PROGRAM**

New:
Expanded Living Independently section
Expanded Additional Resources section

Youth Development Services Division
Los Angeles County Department of Children & Family Services



Updated June 2009

Table of Contents

Introduction	1-3
ILP Quick Notes	4
Important Contact Numbers	5-6
Education & Tutoring	7-15
Employment	16-24
Housing	25-34
Living Independently	35-46
Legal Resources (Advocacy)	47-52
Mentoring	53
Reproductive Health	54-59
Teen Dating & Violence	60-62
Additional Resources	63-76
Forms	77-80
• Request for Services	
• Transitional Independent Living Plan (TILP)	
• Budget Worksheet	

INTRODUCTION

Purpose

This Directory is primarily intended for use by transition-age young adults and their advocates to assist them in areas of employment, housing, life skills training, education, legal assistance, reproductive health, dating and violence, advocacy, and mentoring. The Directory was developed through the collaborative efforts of staff from the Los Angeles County, Department of Children Services, Probation Department and community partners.

One disadvantage of a printed Directory is that some resource listings become outdated soon after printing. Youth should consult those adults in their lives who are knowledgeable about these services for updates. It may be useful to use this Directory to cross reference information that is also on the Youth Development Services website (www.ilponline.org).

Both the terms “young adults” and “youth” are used throughout this Directory. The goal is to be sensitive to how youth wish to be referred and to provide a resource directory for a large age-range of youth.

Services for transition-age youth are provided by the **Youth Development Services (YDS)** division within Department of Children and Family Services (DCFS).

If there are any further additions or changes to the Directory that you would like to see, please contact LaSonya Gibbs (213) 351-0238 or by e-mail gibbsle@dcsf.lacounty.gov.

Eligibility for Resources and Services

Services are based on need and availability

For a youth to be eligible for many of the services listed in this Directory, he/she needs to be identified as ‘Independent Living Program-eligible’. This means that the youth meets the California Department of Social Services guidelines for eligibility. These regulations state:

Youth shall be eligible for Independent Living Program (ILP) services up to their 21st birthday provided one of the following criteria is met:

- *Were/are in foster care at any time from their 16th to their 19th birthday. This does not include youth placed in detention facilities, locked facilities, forestry camps, training schools, facilities that are primarily for the detention of youth who are adjudicated delinquent, medical and psychiatric facilities, voluntary placements, wraparound program participants, youth placed pursuant to an individualized education program and guardianship placements in which the youth is not a dependent or ward of the court.*

- *Were/are 16 years of age up to 18 years of age and in receipt of the Kinship Guardianship Assistance Payment Program (KinGap) assistance.*

Eligible youth younger than 16 years of age may participate in an ILP for younger youth if the county of jurisdiction has a county plan that includes such a program. Youth younger than 16 years of age placed outside their county of jurisdiction may participate in an ILP for younger youth only with prior approval of the county of jurisdiction. Participation in an ILP for younger youth prior to age 16 does not qualify a youth for ILP eligibility.

ILP participation is deferred only if the youth is physically or mentally unable to benefit from the ILP as determined by the youth's primary care physician or health/mental health care professional or if the youth declines to participate in the ILP. If ILP participation is deferred, the social worker/probation officer on behalf of youth in foster care or the ILP coordinator on behalf of KinGap youth and other eligible youth shall document, in the Transition Independent Living Plan (TILP) the reason(s) for the deferment. A redetermination of deferment shall be made at least every six months and documented in the TILP.

Eligibility for the ILP shall not be determined by outside agencies such as contractors or vendors. (See ILP Quick Notes in Appendix/Forms section)

There are many other services and programs listed in this Directory that a non-ILP eligible youth can access and this Directory attempts to identify those services and programs.

Transitional Independent Living Plan (TILP)

One of the important documents in the planning and assessment process for transitioning age youth is the Transitional Independent Living Plan (TILP). In-care youth work with their Children's Social Work (CSW) / Deputy Probation Officer (DPO) and caregiver to identify their needs and planned activities on this document. Emancipated youth work with their Transition Coordinator using an Emancipated Living Plan document.

Foster Care Independence Program (Chafee Act)

In 1999, The Foster Care Independence Act was passed by the Congress of the United States. This Act established the Chafee Foster Care Independence Program, (replacing the former Independent Living Program). It was named in honor of the late Senator John H. Chafee of Rhode Island, one of the original Senate sponsors of the Act and a long time champion for abused and neglected children. The Act provided for several changes and it required that states facilitate the development of transition plans for youth and that the youth participate in the planning of her/his services. By actively participating in this plan, youth begin to recognize and accept personal responsibility for their role in making the transition from adolescence to adulthood. The completion of the

Transitional Independent Living Plan (TILP) is the first step in making this transition.

For more information about this Act and Frequently Asked Questions, please visit the Casey Family Programs website at: www.casey.org or, for a full text of the Act, visit: <http://thomas.loc.gov>

The resources in this Directory are listed as a service to young adults and their advocates. Inclusion is by no means an endorsement or measure of quality. Every effort has been made to ensure the accuracy and completeness of the information contained within this Directory. Those who developed this Directory and their employers assume no responsibility for errors, inaccuracies, omissions or inconsistencies herein.

ILP QUICK NOTES

QUESTION

ANSWER

What is ILP?

ILP means “Independent Living Program”. It is a federally funded Program that can offer supplemental services and/or funds for eligible DCFS/Probation foster youth or former foster youth.

Who is eligible for ILP?

Youth ages 16 up to 21 that were/are in foster care at any time from their 16th to 19th birthday. Foster care is defined as “24-hour substitute care for children placed away from their parents or guardians and for whom the State agency has placement and care responsibility. This includes, but is not limited to, placements in foster family homes, foster homes of relatives, group homes, emergency shelters, residential facilities, child care institutions, and preadoptive homes....”

Who else is available? **Youth ages 14 and 15 years of age** are eligible for educational assessments and tutoring services as needed. This is the only service available for youth under age 16. **Participation does not result in automatic ILP eligibility.**

What does ILP offer?

From age 16 up to 21, ILP-eligible youth are able to attend ILP classes at a community college or an Enhancement Program near his/her home. Transportation and food may be provided. Youth may also be eligible for:

- Fees for College Preparation Tests (**ACT, SAT**); (only if no waiver is issued); and
- Transportation, housing, food and registration fees at an approved young adult conference (e.g. Bridges to Independence)

Pre-Transition-age Youth

High School Seniors that provide proof from their school counselors that they will graduate on time can request ILP assistance for graduation expenses (cap & gown, photos, yearbook, class ring, prom tickets, grad night ticket etc.). Pre-emancipated youth may be eligible for other educational benefits.

Celebration I is a graduation ceremony comprised of ILP-eligible youth that have a 2.8 overall GPA or above. The participants are provided clothing, make-up and/or hair care. The celebration is an opportunity for youth to be recognized for their academic achievements, meet other foster youth and be awarded scholarships while enjoying words of encouragement from speakers, celebrities, and politicians. Transportation is provided.

Celebration II is a day of fun in honor of high school graduates that graduate from high school or complete the equivalent by August of the current year. The youth receives free admission to the event (e. g. Universal Studios), free transportation, food and possible gifts and scholarship awards.

Transition-age Youth/18 up to 21 years of age (housing services are available up to age 24)

Auto Insurance; Education funds (tuition, books, supplies, school-related fees, parking, transp.); *Life Skills and vocational training; Clothing funds* (work uniforms, interview clothing); *Access to housing programs; Room & Board* (move-in costs, appliances, up to 6 months rental assistance, **No subleasing**); *Apartment Start-Up costs* (up to \$300.00 to purchase sheets, towels, silverware, etc...); *Assistance with food costs; Transportation* (standard price for bus pass/gas, 3 month periods as needed); *Funding for non-covered health-related costs.*

ALL services provided are based on a documented need in the youth's Transitional Independent Living Plan (TILP) or Independent Living Plan (for Transition-Age Youth)

IMPORTANT CONTACT NUMBERS

Youth Development Services.....(213) 351-0100/0101

Housing Services

Robert Goldberg – DCFS (213) 351-0184

John Thompson – Probation (213) 351-0156

Transitional Housing Program for Homeless Foster Youth (THP)

Lynn Durham, Admissions Coordinator (213) 351-0190

Transitional Housing Placement Program (THPP)

Rosalind Pariot, Program Director (213) 351-0121

Transitional Housing Placement Program Plus (THP+)

Homeless Housing Prevention Initiative (HHPI)

Bedrae Davis, Program Director (213) 351-0239

TRANSITION RESOURCE CENTERS (TRC)

SPA I Antelope Valley Transition Resource Center (661) 726-4126

SPA II San Fernando Valley Transition Resource Center (818) 895-0229

SPA III Edelman Children’s Court Transition Resource Center (323) 526-6034

SPA III Covina Transition Resource Center (626) 938-1817

SPA III Pasadena Alumni Support Center (877) 735-7272

SPA IV Metroplex Transition Resource Center (213) 351-0100

SPA IV My Friends Place (Tuesday & Thursday) (323) 908-0011

SPA VI Community Build Transition Resource Center (323) 565-4241

SPA VIII Long Beach TRC – Youth Opportunity Center (562) 570-4700

SPA VIII Whittier Transition Resource Center (562) 906-3417

Alliance for Children’s Rights (213) 368-6010

California Conservation Corps (CCC) (562) 651-5502

California Student Aid Commission (888) 224-7268

California Youth Connection (CYC) (800) 397-8236

California Youth Crisis Hotline (800) 843-5200

Casey Family Program (626) 304-2605

Childcare Connection (800) 543-7793

IMPORTANT CONTACT NUMBERS

Child Protection Hotline, Los Angeles County	(800) 540-4000
The Community College Foundation (TCCF)	(213) 427-6910
Commission for Children and Families	(213) 974-1558
Domestic Violence Emergency Help Line	(800) 799-7233
The Foundation for CA Community Colleges (Darlene Neal)	(310) 216-6580
Internal Revenue Service (IRS - Los Angeles)	(213) 576-3009
Job Corps	(800) 733-5627
Los Angeles Emancipation Ombudsman, Onitsha Newsom	(626) 229-3583
Medi-Cal Information (General)	(877) 597-4777
Medi-Cal Information (Local)	(213) 351-7725
Mental Health Services Act (MHSA) Transition Age Youth (TAY) Division	(213) 738-2408
Mentoring Division – Jennifer Hottenroth (DCFS)	(213) 351-5775
Mentoring Specialist – Suzy Moraes (Probation)	(213) 351-0222
National Runaway Switchboard	(800) 621-4000
Para los Ninos	(213) 250-4800
Public Counsel	(213) 385-2977
Scholarship Coordinator	(213) 351-0268
Social Security Administration	(800) 772-1213
State Foster Care Ombudsman Office	(877) 846-1602
United Friends of the Children (UFC)	(213) 580-1850

EDUCATION AND TUTORING

This section will provide young adults with information and resources regarding educational programs, financial aid, grants, scholarships, and tutorial services.

Academic Competency Test (ACT)-is an assessment test, entrance exam for CSU, UC and certain college and universities in other states. Go to www.act.org for test deadlines and test dates.

Adult Schools-offers education programs such as adult high school diploma, GED test and preparation, English as a second language (ESL) and vocational programs www.cde.ca.gov/sp/ae/po

Board of Governor's Waiver (BOG/W)-see Fee Waiver

Cal Grant-Every high school graduate that applies by the March 2nd deadline and meets the academic and financial requirements is guaranteed a grant. www.calgrants.org (888) 224-7268

California Conservation Corps (CCC)-This program is provided to adults ages 18-25; Call (800) 952-5627 or visit www.ccc.ca.gov or see the Employment Section for more information.

California Colleges-Youth planning for a college career can go to <http://www.californiacolleges.edu> for assistance and more information

California Community Colleges-www.cccco.edu

Casey Family Programs-An agency that offers outreach and aftercare services scholarships to emancipated foster/probation youth. For more info call (626) 304-2605. Ext.226

Celebration I-This is an annual graduation event that honors DCFS and Probation high school students. Youth that participate can receive scholarships (between \$500- \$15,000). Contact your ILP/Transition Coordinator.

Celebration II-This is an annual day of fun in honor of high school graduates that graduate from high school or complete the equivalent by August of the current year. The free admission to the event (e.g. Universal Studios), free transportation, food and possible gifts and scholarship awards. Contact your ILP/Transition Coordinator.

Chafee Grant-Free Money for College Students who are ILP Eligible For more information call (888) 224-7268 or go to www.csac.ca.gov

EDUCATION AND TUTORING

College Outreach Programs-are available for high school age youth to enter college and universities. For programs at your high school ask your counselor or go to www.appris.org

College Scholarship Services (CSS) Profile

<http://www.finaid.org/fafsa/cssprofile.phtml>

Computers (resource only)-DCFS foster youth can contact his/her attorney or social worker for assistance from the Trust Fund or Rotary Fund. Probation youth should contact her/his Coordinator. Harbor College students can contact (310) 233-4405 or (310) 233-4329 for more information. **Assistance is based on availability and need.**

Concurrent Enrollment-Eligible high school students may enroll in classes at a community college to earn high school and/or college credits. Ask your high school counselor.

CSU Mentor-Students interested in attending a Cal State University can go to www.csumentor.edu

Educational Opportunity Program and/or Services (EOP/EOP&S)-supports low income and educationally disadvantaged students by providing grants, academic counseling, tutoring and career guidance. EOP/EOP&S is available on approximately 108 college campuses in California.

Financial Aid-Free Application for Federal Student Aid (FAFSA) **(800) 433-3243** Complete the FAFSA to qualify for grants (free money) to pay for Tuition, Books, Supplies, fees. Go to www.fafsa.ed.gov to apply January 2nd to March 2nd of every year.

Federal Government Grants/Loans-<http://studentaid.ed.gov>
www.studentaid.ed.gov/guide/ <http://www.cde.ca.gov/> & www.ed.gov

Fee Waiver (Board of Governors Waiver/BOGW)-Youth may apply for free tuition at a California Community College

Financial Aid Workshops-The Community College Foundation (TCCF) offers workshops at community colleges to help foster youth complete financial aid applications. For more information, contact TCCF – Working It Out Program at (213) 427-6910.

General Education Development (GED) Tests - www.cde.ca.gov/ta/tg/gd/

EDUCATION AND TUTORING

Independent Living Program (ILP) - The Youth Development Services Program supports a youth's educational goals by assisting with a youth's need for financial assistance planning to attend college, vocational, adult school or professional training programs. In addition to tuition assistance, youth may receive assistance for transportation; clothing, fees and other related expenses **based on need and availability of funds.**

Books, Supplies and School/Program fees - Assistance is provided to such related expenses and college application fees can also be funded **based on need and availability.**

Clothing- Transitioned youth may request assistance for purchasing clothing on a yearly basis for school or work related needs. **Assistance is based on need and availability.**

Exam Fees – ACT, Scholastic Aptitude Test (SAT), GED and other exams. *(Note: As these exam fees are often waived, payment will NOT be approved unless verification is provided that the fee was not waived)*

Graduation/High School Expenses– Youth who are on track to graduate can receive up to \$400.00 in assistance with senior expenses. Assistance is provided during second semester and ONLY for youth that are certified to graduate. **THE COSTS ARE RELATED TO HIGH SCHOOL RINGS, PHOTOS, CAP AND GOWN, YEARBOOK, SENIOR PROM, INVITATIONS AND OTHER SENIOR EXPENSES FOR REWARDING REGULAR AND CONTINUATION SCHOOL GRADUATES WHO PARTICIPATE IN THE HIGH SCHOOL GRADUATION CEREMONY. A SIGNED LETTER FROM THE HIGH SCHOOL COUNSELOR WITH THE EMBOSSED SCHOOL SEAL OR STAMP IS REQUIRED. THE LETTER MUST INDICATE THE YOUTH IS ON TRACK TO GRADUATE NO LATER THAN AUGUST OF THE SCHOOL YEAR WHEN THE REQUEST IS SUBMITTED. THE DEADLINE FOR SUBMISSION OF GRADUATION EXPENSES IS JUNE 20, OF EACH YEAR. THE CURRENT MAXIMUM AMOUNT IS BASED ON THE ANNUAL BUDGET. HIGH SCHOOL GRADUATION INCENTIVES IS \$100.00 FOR GED, ADULT SCHOOL AND YOUTH NOT PARTICIPATING IN HIGH SCHOOL GRADUATIONS.**

Transportation - Generally, a transitioned youth attending school and/or working can be provided funds. Youth are strongly encouraged to call the Metro Fare Reduction office at **(213) 680-0054** and apply for student passes. For youth attending colleges in Northern California or out-of-state, transportation costs related to the airline tickets, busses, etc. can also be funded. Funding may also be provided for parking fees. **Assistance is based on need and availability.**

EDUCATION AND TUTORING

Tuition Assistance College-Assistance for Foster/Probation youth is based on the unmet need AFTER the youth has applied for Financial Aid. The assistance will be for NO MORE than \$4,999.00 per academic year. **Assistance is based on need and availability.**

Tuition Assistance Vocational-Assistance for Foster/Probation youth is based on the unmet need AFTER the youth has applied for financial assistance. ILP assistance may not cover the full costs of tuition and the youth should seek other resources for assistance. No more than \$2,500.00 will be funded for vocational programs. **Assistance is based on need and availability.**

Overall, funding by the Youth Development Program should rarely be the sole source of assistance for the youth (*Note: The Foster Care Independence Act states that federal funds used to assist youth should not 'supplant' other forms of federal aid that is available to the youth*); **ILP eligible Youth**

ILP Online- is the official website for Los Angeles County Youth Development Services (YDS). This Site is for ILP Eligible Foster/Probation Youth and Service Providers. Go to www.ilponline.org for further information.

Los Angeles County Libraries - (562) 940-8415 <http://www.colapublib.org/>

Los Angeles Office of Education (LACOE) - (562) 922-6111 or www.lacoe.edu

Los Angeles Unified School District (LAUSD) - is the governing body for all public schools in the City of Los Angeles (213) 241-1000
<http://www.lausd.k12.ca.us>

Regional Occupational Program (ROP) - is a free program for youth 16 years of age or older and adults (for a small fee) residing within the LACO/ROP service area. The Program offers school credits on-the job training and job placement. Visit www.carocp.org or ask your school counselor for more information. (See Employment Section)

Scholarships

- **LA County Commission for Women, Girls At Risk Scholarship** (213) 974-1455
- **Orphan Foundation of America (OFA)/Casey Family Scholars Program** for applicants 25 and under (571) 203-0270 www.orphan.org

General Scholarship Websites

Ron Brown Scholarships <http://www.RonBrown.org>

UNCF Scholarships <http://www.uncf.org/scholarships/uncfscholarship.asp>

Jackie Robinson Foundation Scholarships <http://www.jackierobinson.org>

Intel Science Talent Search <http://www.sciserv.org/sts>

EDUCATION AND TUTORING

Thurgood Marshall Scholarship Fund <http://www.thurgoodmarshallfund.org>
McDonald's Scholarships (Annual) <http://www.mcdonaldsnymetro.com>
National Society of Black Engineers Scholarships <http://www.nsbe.org/programs>
National Merit Scholarships <http://www.nationalmerit.org>
Black Excel Scholarship Gateways <http://www.BlackExcel.org>
LULAC National Awards <http://mach25.collegenet.com/cgi-bin/M25/GetScholar>
NAACP <http://www.naacp.org/youth/scholarships/information/index.htm>
Paralegal Scholarships <http://www.paralegals.org/displaycommon.cfm?an=1&subarticlenbr=844>
Science Net <http://www.sciencenet.emory.edu/undergrad/scholarships.html>
Black Alliance for Educational Options <http://www.baeo.org>
Siemens Foundation Competition
http://www.siemens-foundation.org/en/teachers_scholarships.htm
International Students Scholarships & Aid Help <http://www.iefaf.org>
Historically Black College/University Scholarships <http://iesabroad.org>
Guaranteed Scholarships <http://www.guaranteed-scholarships.com>
Sports Scholarships and Internships <http://www.ncaa.org/about/scholarships.html>
Student Video Scholarships <http://www.christophers.org>
Student Inventors Scholarships <http://www.invent.org/collegiate>
Decca Scholarships <http://www.deltaepsilonchi.org/scholarship.html>
Black Student Fund http://www.blackstudentfund.org/programs/FinAid/financial_aid.htm
Princeton Review Scholarships & Aid <http://www.princetonreview.com/college/finance>
American Legion Scholarships <http://www.legion.org>
2005 Holocaust Remembrance Essay Contest <http://www.holocaust.hklaw.com>
Ayn Rand Institute <http://www.aynrand.org/contests>
The David and Dovetta Wilson Scholarship Fund <http://www.wilsonfund.org>
Congressional Hispanic Scholarships <http://www.chciyouth.org>
Nursing Scholarships <http://www.blackexcel.org/nursing-scholarships.html>
AFROTC High School Scholarships <http://www.afrotc.com/>
Minority Scholarships <http://www.free-4u.com/minority.htm>
Art Deadlines and Scholarships <http://www.xensei.com/users/adl>
Journalism Grants <http://www.mccormicktribune.org/grants.aspx>
African American Scholarships <http://www.littleafrica.com/scholarship>
Marine Corps Scholarships <http://www.marine-scholars.org>
Tylenol Scholarships <http://scholarship.tylenol.com/>
Undergraduate Scholarships (Health) <http://ugsp.nih.gov>
National Scholarships at All Levels <http://scholarships.fatomei.com>
Ambassadorial Scholarships <http://www.rotary.org/en/StudentsAndYouth/EducationalPrograms/AmbassadorialScholarships/Pages/ridefault.aspx>
Baptist Scholarships http://www.free-4u.com/baptist_scholarships.htm
Methodist Scholarships http://www.free-4u.com/methodist_scholarships.htm
United States National Peace Essay Contest <http://www.usip.org/ed/npec/index.shtml>
Accounting Scholarships <http://www.aicpa.org/members/div/career/edu/jlcs.htm>
Sports Scholarships and Internships <http://www.ncaa.org/about/scholarships.html>
100 Minority Scholarship Gateways <http://www.blackexcel.org/100minority.htm>
American Chemical Society
http://www.cnetweb.org/american_chemical_society_scholarships.htm
Sallie Mae http://www.salliemae.com/before_college/students_plan/free_money/free_money.htm
Scholarships List and Search <http://www.adventuresineducation.org/Scholarships/index.cfm>
Hispanic Scholarship Fund <http://www.hsf.net/>
College Net Scholarship Search <http://www.collegenet.com/mach25/app>
Scholarships For Hispanics <http://www.scholarshipsforhispanics.org>
National Federation of the Blind http://www.nfb.org/nfb/scholarship_program.asp
Actuary Scholarships for Minority Students <http://www.beanactuary.org/minority>

EDUCATION AND TUTORING

Astronaut Scholarship Foundation <http://www.astronautscholarship.org>
ELA Foundation (disabled) <http://www.ela.org/scholarships/scholarships.html>
Indian Health Service
http://www.ihs.gov/JobCareerDevelop/DHPS/Scholarships/Scholarship_index.asp
Minority Undergraduate Fellows Program <http://www.naspa.org/programs/nufp/index.cfm>
Third Wave Foundation <http://www.thirdwavefoundation.org/leadership>
College Connection Scholarships <http://www.collegescholarships.com>
Super College Scholarships <http://www.supercollege.com>
Indian Students <http://www.gurgaonscoop.com/story/2005/3/14/195141/137>
Music <http://www.newenglandconservatory.edu/financeYourEducation/musicscholarships.html>
Nat Assoc. of Black Journalists <http://www.nabj.org/programs/scholarships/index.html>
The Roothbert Fund Scholarships <http://www.roothbertfund.org/scholarships.php>
Federal Scholarships and Aid <http://www.fedmoney.org>
International Students Help and Scholarships <http://www.iefaf.org>
NACME Scholarship Program <http://www.nacme.org/scholarships>
Black Excel Scholarship Gateway <http://www.blackexcel.org/>
Peterson's Aid and Scholarships Help <http://www.petersons.com/finaid>
Coveted National Scholarships <http://scholarships.fatomei.com>
Martin Luther King Scholarships <http://www.sanantonio.gov/mlk/scholarship.asp>
Chicano/Latina Student Foundation <http://www.chicanalatina.org/scholarship/information.html>
NCAA Scholarships and Internships <http://www.ncaa.org/about/scholarships.html>
Congressional Hispanic Caucus Institute <http://www.chci.org>
Morris K Udall Foundation <http://www.udall.gov/udall.asp?link=200>
Asian American Journalist Association <http://www.aaja.org/>
American Assoc. of University Women <http://www.aauw.org/education/fga/index.cfm>
Scholarships by State <http://www.schoolsintheusa.com/scholarships.cfm>
State Agencies of Higher Education <http://collegeapps.about.com/od/stateagencies>
Engineering School <http://www.engineeringedu.com/scholars.html>
Scholarship News <http://www.free-4u.com>
Orphan Foundation of America <http://www.orphan.org/index.php?id=30>
Discover Awards <http://www.aasa.org/awards/index.cfm>
American Fire Sprinkler Scholarship Contest <http://www.afsascholarship.org>
Mensa Essay Scholarship <http://merf.usmensa.org/scholarships/zipfinder.php>
Chess Scholarships <http://www.successchess.com/WeibelChess/Scholarships.html>
Davis-Putter (Activist) <http://www.ocf.berkeley.edu/~alliance/academic/scholarships.html>
Fridell Memorial Scholarship (Dale E.) <http://www.straightforwardmedia.com/fridell>
Alger Association Scholarships (Horatio) <http://www.horatioalger.org/scholarships>
Collegiate Inventors Competition <http://www.invent.org/collegiate>
National Security Programs <http://us.fulbrightonline.org/howtoapply.html>
Institutes of Health <http://www.iie.org/programs/nsep/nsephome.htm>
Verizon Scholarship Program <http://foundation.verizon.com/03001.shtml>
Scholarships on the Net (1500 Links) <http://whatsonthe.net/scholarlinks.htm>
Minority Scholarships (All levels) <http://scholarships.fatomei.com/minorities.html>
Cola-Coca Art & Film http://www.coca-cola.com/art_refreshing.html
Art School Scholarships <http://www.art/scholarship-guide.php>
Microsoft Scholarships http://www.microsoft.com/college/ss_overview.mspx
Scholarship of The Month <http://www.collegescholarships.com/scholarships.html>
Fellowship Database (Graduate) <http://gradschool.cornell.edu/?p=132>
Alexander Graham Bell Association for the Deaf <http://www.agbell.org>
APS Minorities Scholarship Physics) <http://www.aps.org/programs/women/scholarships/index.cfm>
Music For The Blind <http://www.nfmc-music.org/Competitions/CompetitnsAwards.htm>
War Memorial Fund http://www.usjaycees.org/other_scholarships.htm
Institute of Engineering and Technology <http://www.theiet.org/about/scholarships-awards/index.cfm>

EDUCATION AND TUTORING

Civil Air Patrol Scholarships <http://level2.cap.gov/index.cfm>
Various College Scholarships List http://www.www-college.org/college-scholarships_list.htm
AXA Achievement Scholarship <http://www.axa-achievement.com>
Federal Employee Education Fund <http://www.feea.org./scholarships.html>
Prudential Spirit of Community Award <http://www.prudential.com/spirit>
Minority Accounting Students <http://www.aicpa.org/members/div/career/mini/index.htm>
Study Abroad Scholarships <http://www.iesabroad.org/minorityFinancialAid.do>
Sports Figures <http://sportsactionfigure.com/>
Fellowships and Scholarships <http://www.sacnas.org/index.cfm>
General Scholarships <http://www.hccfl.edu/scholarship/general.html>
Jewish Scholarships <http://www.free-4u.com/jewish.htm>
Ford Foundation Fellowships for Minorities <http://national-academies.org/fellowships>
Scholarships in Many Areas <http://www.meredith.edu/academics/national-scholarships.htm>
League Foundation: Alternative Lifestyles <http://www.league-att.org/foundation>
Datatel Scholarships <http://www.datatel.com/global/scholarships/applicants.cfm>
Alpha Kappa Alpha Awards <http://www.akaeaf.org/programsandinitiatives/>
National Black Police Assoc. Scholarships <http://www.blackpolice.org>
Elks Most Valuable Student Scholarship <http://www.elks.org>
National Black Nurses' Assoc. Scholarships <http://www.nbna.org/scholarship.htm>
Scholarships Based on Ethnicity <http://www.college.ucla.edu/UP/SRC/ethnic.htm>
Minority Scholarships (All levels) <http://scholarships.fatomei.com/scholar3.html>
Wal Mart Community Scholarship <http://www.walmartfoundation.org>
Zeta Phi Beta Sorority National Education Foundation <http://www.zphib1920.org/nef/>

General Scholarship Websites for High School Seniors

<http://www.discoverfinancial.com/community/scholarship.shtml>
http://www.monsanto.com/responsibility/youth_education.asp
<http://www.nafb.com/desktopdefault.aspx?tabid=26>
<http://www.rmhc.com>
<http://www.nba.com/clippers/community/index.html>
<http://www.brandyllynnmurphy.com/scholarship>
<http://www.planning.org/institutions/hsessay.htm>
http://www.narabank.com/n_scholar.aspx
<http://www.sccta.org>
<http://www.racingscholarships.com>
<http://www.sonsofitalyca.org>
http://www.usbank.com/cgi_w/cfm/studentloans/college_universities/scholarships.cfm
<http://www.americancoed.com>
<http://www.usafunds.org/scholarship>
<http://www.cacesf.org>
<http://www.fastweb.com>
<http://www.collegecampaign.org/contest/>
<http://www.walmartfoundation.org>

School Specific Scholarships for High School Seniors

Call Me MISTER Program Scholarship

- For African American male seniors interested in the training and employment as elementary school teachers in the public school of South Carolina.

- Benedict College
- Claflin University

EDUCATION AND TUTORING

- Morris College
 - South Carolina State University
 - Clemson University
- Application & information online: www.callmemister.clemson.edu/index.htm

University of Northern Colorado

- National Undergraduate Scholarship
- Award: \$5,000 renewable scholarship
- Application & information online: www.unco.edu/admissions

UCLA Alumni Association, Merit -based Scholarships for UCLA Freshmen www.UCLAumni.net/Scholarships

Mary C. & William G. Drake Scholarship

- Eligibility: for incoming freshmen to UC Berkeley interested in studying mechanical engineering www.me.berkeley.edu

Mount St. Mary's College: Women's Leadership Scholars Program (school-specific)

- Students entering Mount St. Mary's, Chalon Campus as freshmen who have a cumulative GPA of 3.0
- Contributed to high school through involvement, service, and leadership
- Award: \$3,000 merit scholarship

Scholastic Aptitude Test (SAT) - is a test to find out how much you know about certain subject areas. Colleges use the scores from this test when they decide if they should accept you to their school. For test dates and deadlines, go to www.collegeboard.com.

United Friends of the Children (UFC) - United Friends of the Children (UFC) is a nonprofit organization that offers current and former foster youth College Sponsorships in the amount of \$3000 per year for a total of 5 years, as well as a College Readiness Program for 7th -12th graders. For more information, contact educational support at (213) 580-1850 or info@unitedfriends.org.

University of California Admissions -www.universityofcalifornia.edu/admissions

Work Experience Education (WEE) - assists students to be more employable www.cde.ca.gov/ci/ct/we/ See Employment Section for more information

TUTORING

For youth demonstrating a need for additional academic assistance, funded tutoring is available in the following ways:

EDUCATION AND TUTORING

- Early Youth Development Services are available to all eligible DCFS foster youth who are 14-15 years of age. Early Youth Development Services consist of referral for an academic assessment to test the youth's academic level and there is up to 50 hours of tutoring available if the youth is below grade level.
- Tutoring is available, free, through your high school if it is a Program Improvement (PI) school. To verify if your school is a PI school and for further information please contact Los Angeles Unified School District (LAUSD) at (213) 241-2097.
- If you are a college or community college student please check with the Student Services office or the Learning Assistance Center office.
- For youth having difficulty with reading and basic math, visit the website www.literacynetwork.org in order to find free literacy assistance in your community. You can also call the 24-hour hotline for tutoring information at (800) 707-7323 (READ) for Spanish or (213) 237-3323.
- Free tutoring may also be available at your local library.

The Academic Advantage - <http://www.academicadvantage.com/> (866) 788-8677 (7TUTORS)

Professional Tutors of America

<http://www.professionaltutors.com/tutors/apply.htm> or contact (800) 832-2487 (TEACH US)

Sylvan Learning Center - <http://www.educate.com/> (800) 273-0456

Vocational Programs - Youth who do not attend college or a university and are not enrolled in a Regional Occupational Program may be interested in a vocational program. These programs can provide you with training and possibly job placement in an area that interests you. For more information see the Employment Section of this Directory and look under Job Training Programs.

Workforce California/Workforce Investment Act (WIA)-Offers Adult Education and Family Literacy Programs (888) 226-6300 <http://wib.co.la.ca.us>.

EMPLOYMENT

Employment Services

Cal Jobs

Cal Jobs are a California Internet based employment opportunity website. The system serves employers who want to fill job openings, and individuals seeking employment. Youth can log on to Cal jobs from any location having access to the Internet. Website: <http://www.caljobs.ca.gov>.

California Conservation Corp (CCC)

Corpsmembers earn minimum wages, with the opportunities for pay increase. A Corpsmembers between the ages of 18-23 work on various conservation and community service projects, and respond to emergencies, including floods, forest fires and major earthquakes. For more information: (213) 749-3601 or visit <http://www.lacorps.org>

Clean and Green

This is a youth environmental community beautification program. Junior high and High school students work in teams throughout the city cleaning up and landscaping their community. The Clean Green program operates as a division of the Los Angeles Conservation Corps. Youth will work at least three days a week paid, while learning about their community and the environment. Youth must be at least 14 years old. Youth 14-17 years old must be enrolled in school, work permit, social security card, birth certificate if born in the USA or Registration card, if not born in USA, copy of school identification. For more information: (323) 224-2550 or visit <http://www.lacorps.org>

County Registrar Recorder / County Clerk Personnel Office

Provide jobs for Registrar Recorder County Clerk positions

For more information: (562) 462-2285 or visit: <http://lavote.inf.net>

Department of Human Resources (DHR)

DHR provides various county jobs listing for youth and adults.

For more information: (213) 738-2080, Hot Line (800) 970-5478 or visit www.dhr.lacounty.info

Department of Human Resources - Career Development Intern

Interns will participate in paid training assignments in entry-level work. Some of the areas include IT/Technical, Crafts, Clerical/office and Heavy maintenance support. Selection requirements; Current enrollment in, completion of, or current or past eligibility for the Department of Children and Family Services and Probation Departments' Independent Living Program. Call (213) 738-2084 or visit the website: <http://www.dhr.lacounty.info>

EMPLOYMENT

Employment Development Department (EDD)

For more information on EDD programs, services and offices nearest you, please visit the website: www.edd.ca.gov.

Los Angeles City Personnel Office

Provides job opportunities for the City of Los Angeles. For more information: (562) 462-2285 or visit the website: <http://www.cityofla.org/lacity62.htm>

Los Angeles County Fire Department

For more information: (323) 881-3076 or visit website: www.fire.lacounty.gov

Los Angeles County Park and Recreational Department

Provides job listing for youth ages 14-21, with opportunities throughout Los Angeles County Parks. For more information: (213) 738-2995 or visit the website: <http://lacountyparks.org/>

Los Angeles County Probation Personnel Office

Provides job opportunities with Los Angeles County Probation Department. For more information: (562) 940-2658 or visit the website: <http://probation.co.la.ca.us/anmviewer.asp?a=329&z=4>

Los Angeles County Sheriff's Department (LASD)

Call (800) 233-7889 (A- DEPUTY) or visit website www.lasd.org

Los Angeles Police Department (LAPD)

150 N. Los Angeles Street, Los Angeles CA.

For more information: LAPD Recruitment (866) 444-5273 or visit website: www.lapdonline.org

Youth Opportunity Movement (YOM)

Provides youth development programs that establish community partnership and bridge resources for career, education and support services for youth ages 14-21, who reside in Boyle Heights, Watts and San Fernando Valley area. The website is <http://www.layo.org>

- YOM – Watts (323) 971-7640
- YOM - Boyle Heights (323) 526-2893
- YOM – San Fernando Valley (818) 361-7486

EMPLOYMENT

Workforce Investment Act (WIA) Youth Programs

Workforce Investment Act Youth Programs work with 14-21 year old, low income and at-risk youth through a variety of work and continuing education services. Programs provide paid and unpaid work experience, summer employment and occupational skills. For more information contact:

- **Mexican American Opportunity Foundation**
(323) 890-9600 or website: <http://www.maof.org>
- **Goodwill Industries**
(800) 741-0186 or website:
<http://www.goodwill.org/page/quest/jobseekers>
- **SASSFA WorkSource Center**
(562) 946-2237 or website: <http://www.pfpworksource.org>
- **Foothill WIB – Pasadena One Stop**
(626) 584-8381 or website: <http://www.foothilletec.org>
- **Watts Labor Community Action**
(323) 563-5639 or website: <http://www.wlcac.org/>
- **William S. Hart UHSD**
(661) 259-0033 or website: <http://www.hartdistrict.org>
- **Career Partners WorkSource Center**
(626) 572-7272 or website: <http://careerpartners.org>
- **City of Compton CareerLink**
(310) 605-5585 or website: <http://comptoncity.org>
- **Aviva Family and Children Center**
(323) 876-0550 or website: <http://www.avivacenter.org>

EMPLOYMENT AGENCIES

Act-I Personnel Services

(213) 623-8166

www.act-1.com

Adecco

(310) 479-3355

www.adeccousa.com

Labor Ready

(213) 765-9200 or toll free (877) 733-0430

www.laborready.com

Volt Services Group

(213) 388-3271

www.jobs.volt.com

EMPLOYMENT

Youth Employment-Websites

Six Flags Magic Mountain

Apply online at: www.sixflagsjobs.com

Universal Studios Hollywood

Apply online at: www.ushjobs.com

Snag A Job

Search for part time, hourly, summer, and student jobs by type, location and apply online. Job resources are also available. Visit website: www.snagajob.com

Theme Park Jobs

Job seekers can find jobs in and around the world's theme parks, post your resume and more. For more information: www.themeparkjobs.com

EMPLOYMENT OFFICES

Employment Development Department

(Unemployment Offices)

Job Service Locations by City

<http://www.edd.ca.gov/eddjs.asp>

ADDRESS	CITY	Zip Code	PHONE NUMBER
2450 E. Lincoln Ave.	Anaheim	92806	(714) 518-2315
700 North Bullis Road	Compton	90221	(310) 223-2901
10507 E. Valley Boulevard	El Monte	91731	(626) 258-0365
17590 Foothill Boulevard	Fontana	92335	(909) 350-8926
16801 S. Western Ave. Ste A	Gardena (One Stop Center)	90247	(310) 217-9579
1255 S. Central Avenue	Glendale	91204	(818) 409-0441
2677 Zoe Avenue	Huntington Park	90255	(323) 586-2200
110 S. LaBrea Avenue Room 503	Inglewood	90036	(310) 680-3800
125 Technology Drive Suite 200	Irvine Orange County	92618	(949) 341-8000
1420 W. Avenue I	Lancaster	93534	(661) 726-4129
3447 Atlantic Avenue	Long Beach	90807	(562) 570-3700
5301 Whittier Blvd. 3 rd floor	Los Angeles/East LA	90022	(323) 877-7122
340 N. Madison Ave	Los Angeles (Hollywood Work Source Center)	90004	(323) 953-4002
315 W. 9 th St. Suite 200	Los Angeles (Metropolitan)	90015	(213) 833-7900
5401 S. Crenshaw Blvd.	Los Angeles/Crenshaw	90043	(323) 290-5100
13160 Mindanao Way Suite 105	Marina Del Rey/West LA	90292	(310) 574-6464
12715 S. Pioneer Blvd.	Norwalk	90650	(562) 929-9107
11623 Glenoaks Blvd.	Pacoima/Northeast San Fernando Valley	91331	(818) 890-9404
1207 E. Green Street	Pasadena	91106	(626) 304-7922
1220 Engracia Avenue	Torrance	90501	(310) 782-2101
15400 Sherman Way Suite 140	Van Nuys (Work Source)	91406	(818) 781-2522
12700 S. Avlaon Blvd	Watts/Southeast	90061	(323) 242-6700
933 S. Glendora Ave.	West Covina	91790	(626) 960-1439

EMPLOYMENT

Job Training Programs

Archdiocesan Youth Employment Services

This agency provides job training, education, counseling, career and employment services for low income youth ages 14 to 21 who resides in the City and County of Los Angeles. For more information: (213) 736-5456 or visit www.aye-la.org

CalWorks/ Greater Avenues for Independence (GAIN)

This short term educational and/or occupational training program is designed for CalWorks participants referred by DPSS prepare for and find employment. Instruction targets basic skills, self-improvement, employability skills and /or short-term occupational training. GAIN also offers help with transportation, childcare and uniform and tool expenses. For more information: (877) 481-1044 or visit www.ladpss.org.

CalWorks/General Relief Opportunities for Work (GROW)

Provides training and employment assistance to General Relief (GR) participants to obtain jobs and achieve self-sufficiency. Participants are assigned to a GROW Case Manager who helps them achieve their employment goals. For more information: (877) 481-1044 or visit www.ladpss.org

Fast Track Los Angeles

Provides vocational skills training and job preparation program for youth, such as: Computer training, Office skills, Forklift training, Life and Communications skills, Job Readiness, and Warehouse Worker Skills. For more information: (323) 249-7644.

Human Potential Consultants

Provides youth employment preparation and vocational training for youth. Program offers Pre-employment Preparation, Microsoft Computer Application Skill Development, (AutoCAD – Computer Aided Drafting). For more information: (310) 756-1560 or visit www.hpcemployment.org

Los Angeles Opportunities Industrialization Center (LAOIC)

Provides vocational training program, job preparedness training and Job placement for **ILP eligible youth**. Program offers: Job Preparedness Training, Career in Office Administration, PAID Automotive Quick Oil Change Certification Program, Computer/Office Equipment Repair, Retail Training, Customer Service Training, and Call Center Training. For more information: (323) 754-3116 or website www.laoic.org

Los Angeles Job Corps Center

Job Corps is federally funded programs designed to provide free educational and job training for young adults ages 16-21. There are locations in Los Angeles,

EMPLOYMENT

Long Beach and San Bernardino. For more information: (213) 748-0135 or visit www.jobcorps.doleta.gov/jcportal.htm

Los Angeles Police Department (LAPD) Internship Program

LAPD has developed unpaid internship programs with several local universities and colleges. For more information: (310) 665-0366 or visit www.lapdonline.org

Regional Occupational Program (ROP)

The ROP program is conducted under the auspices of the Los Angeles County, Office of Education (LACOE). Students who participate in this program must be 16 years of age or older and at least a junior in high school. The student selects a class from the ROP schedule and then contacts the ROP counselor at the local high school to complete the enrollment process. The Program offers a combination of school and on-the-job training for both high school students and adults. For More Information: (562) 922-6850 or www.lacorop.org/enrollment.htm

Apprenticeships Training Programs and Coordinators contact information

TOM GUTIERREZ, Coordinator Heat and Frost Insulators 670 E. Foothill Blvd., Unit 3 Azusa, CA 91702 (626) 334-6884	BILL BARHER, Administrator Elevator Constr Nat Training Program 4401 Twain Avenue, Suite 8-A San Diego, CA 92120 (619) 582-9818	ROBIN SCHLEDORN, Dir. Of Training Sprinkler Fitters #709 J.A.C. 12140 Rivera Road, Suite B Whittier, CA 90606 (562) 907-7622
JAMES R. COLLINS, Coordinator Boilermakers #92 2260 Riverside Ave. Bloomington, CA 92316 (909) 877-9382	BERT TOLBERT, Administrator So. Cal. Oper. Engrs. Training Trust 2200 So. Pellissier Place Whittier, CA 90601 (562) 695-0611	EDWARD DE BRITTO, Coordinator So. Cal. Cement Masons. J.A.C. 9700 Flair Dr. El Monte, CA 91731 (626) 459-9115
BOB PRICE, Director Bricklayers J.A.C. Abrarn Friedman Occupational Ctr. 1646 South Olive Street Los Angeles, CA 90015 (213) 746-6825	GEOFF PEREZ, Coordinator Glaziers J.A.C. 11366 Markon Dr. Garden Grove, CA 92841 (714) 894-4094	ROSIE BORZILIERI, Administrator Plasterers Apprenticeship Trust & J.A.C 1610 W. Holt Ave., Suite B Pomona , CA 91768 (909) 865-1773
VAL ANDERSON Tile Industry J.A.C. 9351 Telstar Ave. El Monte, CA 91731	PAUL MARTINEZ, Coordinator Iron Workers J.A.C. 13700 Borate St Santa Fe Springs, Ca 90670 (562) 921-9744	JOHN INOUYE, Coordinator Resilient Floor covering J.A.C 14906 Spring Ave. Santa Fe Springs, CA (562) 623-9244
PAT McGinn, Director So. California Carpenters JATC 533 S. Fremont Ave. Suite 401 Los Angeles., CA 90071-1706 (213)739-9335	BILL QUISENBERRY, Director So. Cal. Laborers, J.A.C. 4399 N. Santa Anita Ave., Suite 203 El Monte, CA 91731 (626) 433-2160	GUADALUPE CORRAL, Coordinator So. Cal. Roofers & Waterproofers J.A. & T.C. 9901 Paramount Blvd., Suite 211 Downey, CA 90240 (562) 927-2544
LARRY CALDWELL, Coordinator I.B.E.W. #11 Electrical Training Institute of So. Cal 6023 S. Garfield Ave. City of Commerce, CA 90040 (323) 221-5881	PETER MARTYNIUK, Coordinator (Painters) TOM NESBITT, Coordinator (Drywall) Los Angeles Painters/Drywall J.A.C. 2077 Yates Ave. City of Commerce, CA 90040 (213) 727-2811	Ms. LESLIE REINMILLER, Administrator Sheet Metal Workers #105 J.A.C. 11751 Monarch St. Garden Grove, CA 92841 (714) 901-3281
JOHN D. VIENNA, Director I.B.E.W. #40 Training Trust 5643 Vineland Ave No. Hollywood, CA 91601 (818) 762-4239	MIKE LAYTON, Exec. Dir/Coordinator So. Cal. Plumbing & Piping Ind, J.A.C. 18931 Laurel Park Road Compton, CA 90020 (310) 604-0892	LANCE CLARK, Administrator Sheet Metal J.A.T.C. 633 N. Baldwin Park Blvd. City of Industry, CA 91746 (626) 968-3340
RICHARD VINING, Director I.B.E.W. #441 Training Trust 717 S. Lyon St. Santa Ana, CA 92705 (714) 245-9988	TOM NEWBRO, Director of Training Don Dietiber, Training Coord. Air Conditioning & Refrig J.A.C. 2220 So. Hill Los Angeles, CA 90007 (213) 747-0291	ART ARBIZU, Coordinator Rock Products & Ready-Mix Concrete Industry Training & Upgrading Fund 301 Longden Ave. Irwindale, CA 91706 (626) 574-7782
	ERIC L. PACKARD, Coordinator Sprinkler Fitters Local #669 JATC 7050 Oakland Mills Rd, Suit 100 Columbia, MD 21046 (410) 312-5202	

**Youth interested in a TRADE program please contact the
coordinator listed above.**

**For additional information/questions please contact Youth Development
Services-Jobs Section
at (213) 351-0129**

EMPLOYMENT

Work Source California Centers

These are comprehensive employment assistance centers located throughout Los Angeles County. They are funded by the Workforce Investment Act (WIA) and managed on the state level by the Employment Development Department (EDD) to provide services, employment services, and work readiness-training programs to adults and youth. Eligible youth must be 14 to 21 years of age, low income, and meet at least one of the six specific criteria (low basic literacy skills, school dropout, homeless, a runaway or foster child, pregnant or parenting, or an offender.)

For more information and locations of Work Source Center in the Los Angeles City area call (800) 367-2562 and for Los Angeles County call (888) 226-6300 or visit www.onesourceca.com.

Youth Employment Opportunity Program (YEOP is managed by the EDD)

The YEOP provides services to youth, ages 15-21 to assist them in achieving your educational and vocational goals. For more information contact your local EDD Job services nearest you or visit EDD at www.edd.ca.gov/eddy.asp

East Los Angeles Skills Center (ELASC)

The ELASC provides: Short-term Vocational & Technical Training, Job placement assistance, such as: Business Education, Industrial Education, Information Technology, Construction Inspection, Medical Terminology, English as a Second Language (ESL) classes, Math & English skills classes, General Education Development (GED), High School Diploma Development, CHASEE Preparation. For more information: (323) 224-5970 or visit website: www.elasc.org

Please note: Many of the Job training programs listed above also provide employment services such as job search and job Placement.

HOUSING

Renting your own apartment

In order to rent your own apartment you must have good credit and a steady income. Some landlords may be willing to rent to a person with no credit history by either allowing a responsible adult to co-sign your lease (that adult will be responsible for the rent if you can't pay), or charging you a higher security deposit.

Be prepared with information that the landlord will want to know such as current and previous places of residence and lengths of stay, employment information (employer, salary and length of employment), employment history, driver's license or California ID, social security number, and personal references. You may also have to pay a fee for the landlord to check your credit. Be aware that looking for an apartment is like looking for a job. When meeting a landlord or apartment manager, make sure that you look presentable (dress for success).

Still interested?

- Consider how much rent you can afford [*30% of your net income (take home pay) is a general guideline*];
- Decide what area you want to live in;
- Check newspaper classified ads, apartment rental services, research apartments for rent online, tour the area by car or on foot to notice "For Rent" signs, ask friends, and check college campus bulletin boards; and
- Consider looking for a roommate to save money. If you don't know anybody you can try a roommate finder service, or check the classified ads in the newspaper.

Resources: (There are fees for these services)

Westside Rentals (800) 736-8005 www.westsiderentals.com or www.Rent.com or Easy Roommate (800) 877-2557 www.easyroommate.com

Also available for ILP-eligible youth is rental and dorm assistance. This may include apartment start-up funds and move-in security deposits. Discuss details with your ILP Transition Coordinator.

FREE ADVICE: Talk to your ILP/Transition Coordinator and/or visit your nearest Transition Resource Center.

Transitional Housing and Shelter Programs

Transitional Housing allows youth to live in a supportive environment without having to cope with the financial burden of renting an apartment. Youth may remain in these programs from 1-2 years. While in these programs, youth will learn independent living skills. In addition, youth will get assistance with career, educational, and financial goals.

Transitional Housing is divided into four categories:

General Housing Programs

The programs in this section serve those emancipated young adults who demonstrate the ability to live independently and that plan to work and/or attend college or vocational school.

Mental Health Housing Programs

These programs share the same goals listed under the general housing section but are specifically designed to meet the needs of youth who have a history of mental health issues. A current mental health diagnosis (Axis I) is required to get into these programs.

Pregnant and Parenting Housing Programs:

The programs listed under this section share the same goals as the general housing programs but cater to the needs of youth that are pregnant or have children.

Emergency/Shelter Programs:

These programs serve to get youth off the street and assist them in obtaining a more stable housing situation.

Request to talk to the Admissions Coordinator when calling any of the programs on the list.

General Transitional Housing Programs

Atlantic Recovery Services

944 Pacific Ave., Long Beach, CA 90813
Attn: Director of Youth Services
Phone: (562) 436-3533
or attn: Transitional Housing Coordinator
Phone: (562) 218-5243
>ILP eligibility **NOT** required.

Bridges of Faith (FEMALES ONLY)

P.O. Box 9108, Whittier, CA 90608
Attn: Program Director
Phone: (562) 907-0783 or (562) 789-8009
>ILP eligibility **NOT** required, but
\$600/month rent is required (include food) (8
Beds)

Covenant House

1325 N. Western Ave., Los Angeles, CA
90027
Attn: Transition Coordinator
Phone: (323) 461-3131, x222
or attn: Resident Manager at x224
>ILP eligibility required. (6 Beds)

David & Margaret (MALES ONLY)

**“Wings of Discovery Transitional Living
Program”**
125 Gassney Drive, San Dimas, CA 91733
141 5th Street, San Dimas, CA 91733
Attn: Program Director
Phone: (909) 596-5921 or (909) 592-0440
>ILP eligibility required. (12 Beds)

David & Margaret (FEMALES ONLY) “Wings of Discovery Transitional Living Program”

3401 Winterhaven Ave., LaVerne, CA 91750
Attn: Project Manager
Phone: (909) 596-4725
Fax (909) 596-3954
>ILP eligibility required. (6 Beds)

DCFS THP Program (Various Sites)

3530 Wilshire Blvd., 4th Floor, Los Angeles,
CA 90010
Attn: Transitional Housing Intake
Phone: (213) 351-0190
> ILP eligibility **NOT** required. (244 Beds)

Gwen Bolden Manor (Los Angeles)

**Ages 18-25, \$212/month rent, Must
Attend School and Work**
1302 E. 41st Street, Los Angeles, CA 90011
Attn: Resident Manager
Phone: (323) 231-8600
>ILP eligibility **NOT** required. (15 Beds)

Hillsides YMO

650 North Oakland Ave., Pasadena, CA
91101
Attn: Director (Transitional Housing)
Phone: (626) 219-1240
>ILP eligibility required. (20 Beds 2 per
1bdm)

Hillview

12450 Van Nuys Blvd., Pacoima, CA 91331
Attn: Program Director, Transition-age Youth
Services
Phone: (818) 896-1161
>ILP eligibility required.

Journey House (Pasadena) Males Only

1232 No. Los Robles Ave.
Pasadena, CA 91104
Attn: Program Director
Phone: (626) 798-9478 / (323) 855-2935
>ILP eligibility required. (6 Beds)

L.A. Gay and Lesbian Center

1625 No. Schrader Blvd., Hollywood, CA
90028
Attn: Intake Coordinator
Phone: (323) 993-7450
> ILP eligibility **NOT** required. Provides
housing for youth 18-24.

Leroy Haynes Transitional Housing Program (MALES ONLY)

233 W. Baseline Road, La Verne, CA 91750
Attn: Transitional Housing Program
Phone: (909) 593-2581
>ILP eligibility required. (5 Beds)

Optimist Transition Home (FEMALES ONLY)

2255 Crestwood Lane, Anaheim, CA 92804
Attn: Alyssa Brey
Phone: (323) 543-4225
> ILP eligibility **NOT** required. Provides housing for youth 18-24. (5 Beds)

Orangewood Children's Foundation/The Rising Tide (Garden Grove & Tustin)

1575 East 17th St., Santa Ana, CA 92705
Attn: Executive Assistant
Phone: (714) 619-0221
>ILP eligibility preferred, but **NOT** required.

*** "Pathways to Independence" (Whittier and Inglewood) United Friends of the Children**

1055 Wilshire Blvd., Suite 1955
Los Angeles, CA 90017
Attn: Intake Coordinator
Phone: (213) 580-1822
>ILP eligibility required. (58 Beds 52 Women 6)

***Penny Lane (North Hills and Antelope Valley)**

15317 Rayen Street, North Hills, CA 91343
Attn: Intake Coordinator (Transitional Housing) Phone: (818) 892-3271

>ILP eligibility required. (54 Beds)

Rancho San Antonio Independent Living (MALES ONLY)

21000 Plummer Street, Chatsworth, CA 91311
Attn: Transitional Housing Program
Phone: (818) 882-6400, ext. 140
>ILP eligibility **NOT** required.

Richstone Family Center (FEMALE ONLY)

4431 West 137th Place, Hawthorne, CA 90505
Attn: Transitional Housing Coordinator
Phone: (310) 970-0261
>ILP eligibility **NOT** required. (9 Beds)

Salvation Army/The Way In

5939 Hollywood Blvd, Hollywood, CA 90028
Attn: ILP Coordinator
Phone: (323) 469-2946
>ILP eligible youth **NOT** accepted. (20 Beds 4 per 2 Bdrm.)

YWCA Santa Monica (FEMALES ONLY)

2019 14th Street, Santa Monica, CA 90405
Attn: Housing Department
Phone: (310) 314-1466 or (310) 452-3881
>ILP eligibility **NOT** required.

PLEASE NOTE THAT ALL ABOVE INFORMATION IS SUBJECT TO CHANGE.

*** Accepts single Fathers**

Mental Health-Based Housing Programs

Athena Program (Axis I diagnosis required)

Alhambra-Females Only

San Gabriel- Males Only

Attn: Housing Coordinator

Phone: (626) 524-4172

>ILP eligibility required.

B.R.I.D.G.E.S., Inc. (San Fernando Valley). Requires Axis I Diagnosis, S.S.I. eligible, and medi-cal.

Attn: Clinical Coordinator

Phone: (818) 367-3235 / (818) 264-0140

>ILP eligibility **not** required, but Youth must have an Axis I diagnosis, S.S.I eligible, and Medi-cal.

Hathaway/Sycamores (Pasadena) Requires an Axis I diagnosis.

Attn: Transitional Living Program

Phone: (626) 395-7100 (press 0 for operator)

>ILP eligibility required.

Hillview (Pacoima) Requires an Axis I diagnosis or S.S. I.

Attn: Clinical Director

Phone: (818) 896-1161

>ILP eligibility required.

Hillview AB2034 Program (Pacoima)

Attn: Program Director (AB2034)

Phone: (818) 896-1161

>ILP eligibility **not** required.

Homes for Life Foundation (Various locations) S.S.I. required.

Attn: Intake Coordinator

Phone: (310) 337-7417

San Fernando Valley Mental Health Center Transitional Age Youth (18-21) Program (Van Nuys) Requires an Axis I diagnosis, Medi-cal, S.S.I. or S.S.I Pending

Attn: Program Director

Phone: (818) 901-4854

>ILP eligibility **not** required.

Step Out (Compton)

Requires an Axis I diagnosis

Attn: Intake Coordinator

Phone: (310) 637-0917

>ILP eligibility required.

“Village” MHA (Long Beach) Requires Axis I Diagnosis.

Attn: Associate Director

Phone: (562) 284-0108

>ILP eligibility **not** required, but rent is \$450/mo.

Vista Del Mar Transitional Housing (Valley Village) Consideration on a case by case basis.

Attn: Volunteer Coordinator

Phone: (310) 836-1223 x385

>ILP eligibility **not** required.

PLEASE NOTE THAT ALL ABOVE INFORMATION IS SUBJECT TO CHANGE

Pregnant and Parenting Housing Programs

Alexandria House (Los Angeles) Pregnant & Parenting

Phone: (213) 381-2649

Casa de los Angelitos (Harbor City) Pregnant Only

Phone: (310) 325-8208

Elizabeth House-(Pasadena) Pregnant & Parenting

Phone: (626) 577-4434

*Foothill Shelter (Upland)

Phone: (909) 920-5568

>A 120-day shelter program for youth with children

Gramercy Court (Los Angeles) Pregnant & Parenting

Phone: (323) 737-7351

*Harbor Interfaith (San Pedro)

Parenting only

Phone: (310) 831-0589

Harvest Home (Venice) Pregnant Only

Phone: (310) 452-1223

Los Angeles House of Ruth (Confidential Location) Parenting

Phone: (323) 266-4139

Midnight Mission (Confidential Location)

Parenting Only

Phone: (310) 677-9616

New Beginnings (Long Beach) Pregnant & Parenting

Phone: (562) 590-1538

New Economics for Women/La Posada (Hollywood) Pregnant & Parenting

Phone: (213) 483-2058, ext. 12.

*Penny Lane (North Hills) Pregnant & Parenting

Phone: (818) 892-3423, ext. 271.

Precious Life (Los Alamitos) Pregnant Only

Phone: (562) 431-5025

*Salvation Army/Transitional Living Center (Whittier) Parenting Only

Phone: (562) 696-7175

*Salvation Army/Transitional Living Center (Westwood) Parenting Only

Phone: (310) 477-9539

St. Anne's/Bogen Family Center (Los Angeles)

Pregnant and parenting

(213) 381-2931 ext. 400

ILP eligibility preferred but not required

Testimonial Love Center (Los Angeles)

Parenting Only

Phone: (323) 291-6753, ext. 13.

Transitional Housing Program-HUD Program

Pregnant and parenting

(213) 351-0190

ILP eligibility not required

Upward Bound (Santa Monica) Parenting Only

Phone: (310) 458-7779, ext. 212.

Women's Care Cottage (North Hollywood) Pregnant & Parenting

Phone: (818) 753-4580

YMCA/A Brighter Future (Confidential Location)

Single Females or Parenting Youth Only

Phone: (213) 639-7536

e-mail: cynthiaarreola@mcala

***Accepts single fathers**

Emergency Shelters for Young Adults 18 and Over

Bell Shelter (Los Angeles)

Phone: (323) 263-1206

Casa De Rosas/Sunshine Mission
(Los Angeles)

Phone: (213) 747-7419

>Provides of shelter services for
females only.

Covenant House (Hollywood)

Attention: Outreach

Phone: (323) 957-7455 ext. 364

(323) 461-3131 (After 6PM)

>Specializes in providing shelter for
youth ages 18 to 20

Jovenes, Inc./La Posada Emergency
Shelter (East LA)

Phone: (323) 260-8035

>Provides shelter services for **males
only**, ages 18 to 24

New Image Shelter (Los Angeles)

Phone: (323) 231-1711 (Men)

(323) 234-5499 (Women)

Rescue Mission (Los Angeles)

Phone: (818) 785-4476

**Emergency Shelter
Telephone Numbers**

**The Info Line 211
Shelter Hotline
(800) 548-6047**

Transitional Housing Program – Plus (THP-Plus) Fact Sheet

What is THP-Plus?

THP-Plus is a transitional housing opportunity for foster youth (Department of Children and Family Services/Probation), 18-23 years of age. The program provides independent living housing and support services. Youth must have exited care at age 18 or older.

Goals

- To ensure youth have a stable residence
- To ensure youth receive training and acquire independent living skills

Housing Options

Participants will reside in one of the following:

- Apartments
- Condominiums
- Single family dwellings

Length of Service

The maximum time for THP-Plus participation is 24 cumulative months

Description of Services

- Case Management Services
- Educational Assistance
- Employment Assistance
- Follow-up Services
- Furnished Housing
- Life Skills Training
- Monthly Bus Pass
- Monthly Food Stipend
- Paid Utilities

Required Activities

Each participant must maintain full-time employment or attend school/training and maintain part-time employment. Participants will also be required to save a portion of their earnings.

To apply please contact one of the Service Providers on the agency roster.

For further information please contact:

Bedrae Davis, Program Manager
DCFS Youth Development Services
3530 Wilshire Blvd. 4th Floor
Los Angeles, CA 90010
(213) 351-0239

THP-Plus Intake Personnel and Housing Locations

SPA 1 Agency

Murrell's Farm and Boys Home
823 E. Pillsbury Street
Lancaster, CA 93555
Tel (661) 944-9251
Fax (661) 944-3541
Rhonda Moss, Office Administrator
Vfz1207@yahoo.com

SPA 3 Agencies

David & Margaret
1350 Third Street
La Verne, CA 91750
Tel (909) 596-5921
James DeBow, Project Director
(909) 592-0440
DeBowj@DavidandMargaret.org

D & R Turning Point
20555 Valley Blvd.
Walnut, CA 91789
Tel (909) 594-2462
Fax (909) 594-2922
Dwayne Jackson, Project Director
(323) 707-8165
dajack227@yahoo.com

Five Acres
760 W. Mountain View
Altadena, CA 91001
Tel (626) 798-6793
Kristienne Brooks, Intake Coordinator
(310) 678-6125
kbrooks@5acres.org

LeRoy Haynes Center
233 West Baseline Road
La Verne, CA 91750
Tel (909) 593-2581
Fax (909) 596-2581
Anna Beltran-Bortolussi, THP+ Coord.
(909) 593-2581 ext. 269
abortolussi@leroyhaynes.org

Rosemary Children's Services
36 S. Kinneloa Ave. Ste. 200
Pasadena, CA 91107
Tel (626) 844-3033
Fax (626) 844-3034
Heather George, Project Director
(626) 372-9830
hgeorge@rosemarychildren.org

San Gabriel Children's Center
4740 N. Grant Avenue
Covina, CA 91724
Tel (626) 859-2089
Fax (626) 859-6537
Ruth Sigala, Project Director
(626) 859-2080 ext. 213
ruthsigala@sangabrielchild.com

SPA 4 Agency

St. Anne's Maternity Home
155 N. Occidental Blvd.
Los Angeles, CA 90026
Tel (213) 381-2931
Fax (213) 487-0163
Lorianne Hill, Program Assistant
(213) 381-2931 ext. 401
lhill@stannes.org

SPA 6 Agencies

C.H.A.I.N. Reaction Inc.
6433 Wooster Ave.
Los Angeles, CA 90056
Tel (310) 337-7989
Fax (310) 417-3554
Jessica St. Paul, CEO/Project Dir.
(310) 428-1290
ceo@chaininc.org

United Friends of the Children
1055 Wilshire Blvd. Ste 1955
Los Angeles, CA 90017
Tel (213) 580-1850
Fax (213) 580-1820
Karl Calhoun, Intake Coordinator
(213) 580-1822
karl@unitedfriends.org

SPAs 6 & 8 Agencies

Hope Opportunity Motivation & Education
(HOME)
4131-35 Palmwood Drive
Los Angeles, CA 90008
Tel (310) 645-8876
Fax (310) 645-8871
Mary Johnson, Executive Director
(323) 493-0185
Homethp@gmail.com

Renaissance Unlimited Homes
2718 Redondo Blvd.
Los Angeles, CA 90016
Tel (323) 935-1786
Fax (323) 935-5411
Chris Onyegbaduo, CEO
(909) 262-8015
Chrisone@prodigy.net

SPA 8 Agency

Richstone Center
13620 Cordary Avenue
Hawthorne, CA 90250
Tel (310) 970-1921
Fax (310) 978-1660
Valerie Runnery, House Manager
(310) 970-0261
vrunnery@richstonefamily.org

Housing Programs* Matrix for Transitioning-Age Youth

	Transitional Housing Placement Program (THPP)	Transitional Housing Program (THP) for Homeless Young People	Homeless Prevention Initiative	Transitional Housing Program - Plus (THP+)
What is it?	A Program for in care, suitably placed (PP file) Department of Children and Family Services (DCFS) or Probation youth ages 16 up to 18 who are suitable for apartment living and working on obtaining a high school diploma. The length of stay is one year. Some sites have on-site supervision and some do not.	HUD-funded, work/save program for Transitional Age Youth, 18 up to 22 (Youth must be admitted before 22nd birthday). Former dependents and wards live in 1 or 2 bedroom apts. located throughout LA County; youth are assigned a CSW who assists with youth's employment and life skill needs; youth may remain in the program up to 18 months.	Move-in and rental assistance funding source for former foster youth ages 18 thru 24. Youth must have been placed in a foster home, relative home or group homes between the ages of 16-18 or were adopted after age 12.	THP-Plus is a transitional housing opportunity for former foster (DCFS/Probation) youth, from 18 years of age and under 24 years of age. These youth must have aged out from the child welfare system and are at risk of homelessness.
Capacity	75	244	150	150
What are the program goals?	Simulate independent living by housing youth in apartments; assist youth in completion of HS Diploma/GED; assist youth transition from Foster Care.	The primary goal is to prevent Transitioning Age Youth (TAY) from being homeless. Other goals: assist youth in saving money to fund a transition into permanent housing; teaching life skills; follow-up aftercare services for 3 to 6 months.	Program participants will secure permanent housing and be able to maintain appropriate housing settings.	The goal of THP-Plus is to provide independent living opportunities for eligible participants to practice life skills in a safe environment and to assist with the transition from dependence to self-sufficiency.
What services are provided?	Furnished apt. w/pd. utilities; intensified Independent Living Program (ILP) for youth (Note: youth must be ILP-eligible); food, clothing and personal care allowance and employment support and case management.	Services include: life skills training; assistance w/employment needs; monthly food stipends (\$200.00); rental payment, bus pass/tokens; payment of utilities; and linkage to other agencies, as necessary.	Eligible for payment of move-in fees (security deposit and first month rent) and rent (\$1,000.00 max) for a maximum of 6 months. Eligible for utility connection fees (excluding telephone/cable), appliances, & some furniture items.	Youth are eligible for up to 24 months of housing and supportive services that include food vouchers, transportation, education, employment assistance, lifeskills training and case management.
What is the intake process?	Youth/Children Social Worker (CSW)/Deputy Probation Officer (DPO) completes application and provides supporting docs.; review of docs.; youth scheduled for interview, usually on Friday.	Homeless Youth may self-refer or be referred by CSW/Advocate, Community Partners, etc.; once documentation obtained; screen/interviewed orientation, if applicable then moved-in by case manager (Some youth may require more individualized admittance process). Non-appropriate youth may be linked to other programs.	Youth must complete and submit an application and participate in the interview/eligibility process.	Youth/CSW must contact THP-Plus Manager at (213) 351-0239 regarding admission.
Restrictions	In care youth age 16-18	TAY, former foster youth age 18 to 22	Former foster youth age 18 thru 24. Must be in foster care after age 16	Aged out of Foster Care/Probation-non HOP; suitable placement only
Monthly Cost	\$3,462.00 per youth per month	Rent at market value \$200.00 dollars and bus pass per month. Resident must contribute half of monthly salary	Security deposit first month rent. Rent for maximum of 6 months (1,000.00 maximum)	\$2,200.00 per youth per month
Funding Source	State Funds-57% Foster Care /43% State	Federal (Housing and Urban Development (HUD-53%) & ILP Match-47%)	100% County Funds	100% State funds
Contact Information	Admission/Intake (213) 351-0121; (562) 903-5271	Admission/Intake (213) 351-0190; (213) 351-0123	18-20 or ILP-eligible - contact Trans. Coord. Youth age 21/non-ILP eligible contact (213) 351-0239	Admission: ages 18 to 24 to Contact: (213) 351-0239

***There are additional housing programs for Special Needs youth beginning at age 18 in LA County. For further information, contact Robert Goldberg (DCFS) at (213)351-0184 or John Thompson (Probation) at (213) 351-0156.**

LIVING INDEPENDENTLY

BANKING

Most people manage their money through checking and savings accounts at banks. Banking can be very confusing, even to people who have been on their own for a long time. Having a checking account or a savings account helps you to organize your money and pay bills. They also provide a safe place for any extra money you might have. Check on the fees that banks and saving and loans charge for checking and savings accounts.

- **Checking Accounts** There are several types of checking accounts.
 - A basic checking account is mainly used to pay bills and to get cash via a debit (ATM) card. The debit (ATM) card can also be used to make purchases. *Make sure and keep track of all your expenses to avoid heavy fees/penalties for overdrawing on your account* (that is taking more money than you have in the account);
 - Many checking accounts have monthly fees. Some checking accounts require a minimum balance or have other requirements to waive/avoid the monthly fees; and
 - Shop around with different banks for free checking.

- **Savings Accounts**
 - If you're serious about saving, open a savings account separate from your checking account;
 - Look for a bank that offers a higher interest rate (which is the amount/percentage of money that the bank pays you for keeping cash with them. *The higher the rate, the better*);
 - Also ask about any service fees and make sure they don't change a lot; and
 - Shop around with different banks and compare their service fees and interest rates.

Information you need to open a checking or savings account:

- Your full name:
- Your address and phone number:
- Your driver's license or ID :
- Date and place of birth:
- Mother's full maiden name:
- Social security Number: and
- Beneficiary (this is a person who will receive any leftover money in your account in the event of your death)

LIVING INDEPENDENTLY

BUDGETING (Fill out the last page of this Directory)

- *Be realistic.* Consider **all** expenses, including housing expenses, groceries, eating out, movies, vacations, spending money, and hobbies. To build in a margin of safety in your plan, overestimate your expenses and underestimate your income;
- *Create a spending plan* (with the assistance of the budget sheet provided at the back of this Directory). A spending plan helps you keep track of your money by showing how you intend to use any money you receive. A budget/spending plan is the best way to manage your money;
- *First pay your bills*, such as your rent, utilities, car payment, auto insurance, and your credit card bills. Remember, there are penalties and bank fees if you pay your bills late. If you pay your rent late, you run the risk of being evicted from an apartment. If you pay your credit cards late, not only will you be charged a late fee (on average \$15 to \$35 and higher), but you run the risk of damaging your credit history. If you damage your credit history, you damage your ability to borrow money in the future;
- *Set aside money* for your weekly and day to day expenses, such as groceries and bus/metro fare. Budget the amount you will need and stay within your budget, do not over-spend or spend on extras;
- *Distinguish between wants and needs.* Buy what you need first. The wants belong in the "what's left over" category; and
- *Plan for and develop an emergency fund* for unexpected expenses, such as car repairs, or being unable to work due to illness or an accident. Also save money for larger expenses that you are expecting, such as school books, clothes, outings (such as skiing/snowboarding), or vacation. You can also set aside money for future goals, such as buying a car.

(Note: A sample budget sheet is provided at the back of this Directory.)

To learn more about how to manage your money, visit the following websites.

Hands on Banking

Learn more about a credit report, credit cards, borrowing and managing money
www.handsonbanking.org

National Endowment for Financial Education (NEFE) Teen Resource Bureau

A site designed by teens to educate other teens on money and finance
www.ntrbonline.org

LIVING INDEPENDENTLY

Grocery Shopping Tips

www.couponing.about.com/cs/grocerysavings/a/groceryshoptips.htm

www.abes-grocery-tips.com

www.about.com/cs/grocerysavings/a/groceryshoptips.htm

CAR INSURANCE

It is against the law to drive without car insurance. If you are a student, your caregiver may be able to continue to carry you on their car insurance until you are 24. Otherwise, you will have to get your own insurance. The California minimum requirement is liability and uninsured motorists amounts of \$15,000/per person and \$30,000/per accident and \$5,000 for damages. The Youth Development Services Program may be able to assist you with this expense. For more information regarding auto insurance, contact the California Dept. of Insurance at (800) 927-4357 www.insurance.ca.gov.

When you pay off or entirely purchase a car, you will receive the California Certificate of title, commonly known as the “pink slip”. It is a very important document, which contains detailed information about the car and provides proof of ownership. When a car changes ownership, the seller is required to sign this certificate and to have it recorded within 10 days by the DMV to finalize the transfer and discharge the seller from any further responsibilities connected with that particular vehicle.

CELL PHONES

- Almost everybody has a cell phone and having one is not only popular, but sometimes necessary;
- Be responsible and BEWARE. Cell phone charges can add up really quickly and they will catch you by surprise;
- Keep track of the number of minutes or text messages used. Any minutes, text messages, or internet use outside of your plan is very expensive, and you can end up with a very high bill. Ask your service provider how you can keep track of your minutes/text messages/internet use. The important thing is to keep track; and
- A way to curb the cost of cell phones is to get a prepaid plan. A prepaid plan lets you pay for the minutes up-front and as you use the minutes they're deducted from your plan. Once you're out of minutes, you cannot use your phone until you purchase additional minutes. This will help you from going over your minutes and paying a lot of extra money. It'll also help you keep track of how much you spend on your cell phone.

LIVING INDEPENDENTLY

CREDIT CARDS

- Having a credit card can help you build your credit history, BUT, having a credit card is a big responsibility and it should not be taken lightly;
- If you get a credit card, use it for emergencies only. Remember the difference between those things you need, and those things you want but don't really need. ;
- Credit cards have high interest rates (the amount of extra money you have to pay for borrowing money to pay for the items you charge on your card). Your best practice is to spend only what you can pay off each month;
- If you can't make a payment that equals the balance on your account, send in more than just the minimum payment. That is, always pay as much as you can towards the balance. If you make only the minimum payment each month, your debt will keep on growing, even if you don't make any other purchases. (The credit card companies prefer that you pay the minimum amount on your balance, so they can charge you more money [interest] on the remaining balance. They also hope you keep using the credit card so the balance (debt) increases. Remember, the higher your balance, the more they can charge you for borrowing the money); and
- Remember, if you're late or miss your payments, it can affect your credit history and put you in jeopardy of getting a loan or apartment lease in the future.

CREDIT INFORMATION

A credit report is a summary of your debts and a history of how promptly you have paid your bills. The information comes from the companies where you have credit accounts and from public court records. It is collected and stored by companies, often called credit bureaus, which make the information available to creditors whenever you apply for a loan or credit card or make a purchase on time payments.

Under a new federal law, you have the right to one free credit report every 12 months from each of the three major credit-reporting agencies. Check your reports for inaccurate data that could hurt your ability to get credit or a loan. Also, incorrect information can be a red flag that someone is using your identity to get credit without your knowledge.

One main fact about debt is that it follows you. Credit card debt can ruin your credit rating and damage your chances to make purchases like buying that new car after graduation. In fact, if you miss a payment by just 30 days, you tarnish your credit rating for the next seven years *after* you pay it off! If you haven't made a payment in three months, your account can be turned over to a collection agency. This also stays on your credit record for seven years *after* you finally pay it off.

LIVING INDEPENDENTLY

Keeping your credit clean: www.accountingnet.com

Credit Reports: TransUnion (800) 888-4213: www.transunion.com

Equifax (800) 685-1111: www.equifax.com

Experian (888) 397-3742: www.experian.com

DRIVER'S LICENSE

Department of Motor Vehicles 1 (800) 921-1117 www.dmv.ca.gov

To apply for an original driver license if you are over 18, you will need to do the following:

- Visit a [DMV office](#) ([make an appointment](#) for faster service);
- Complete application form DL 44 (An original DL 44 form must be submitted. Copies will not be accepted.);
- Give a thumb print;
- Have your picture taken;
- Provide your [social security number](#). It will be verified with the Social Security Administration while you are in the office;
- Verify your [birth date and legal presence](#);
- Provide your [true full name](#);
- Pay the \$27 application fee (the application fee for a [commercial driver license](#) is \$64) - **ILP funds can be used**;
- Pass a [vision exam](#);
- Pass a traffic laws and sign test. There are 36 questions on the test. You have three chances to pass; and
- Once you have received your driver's license, you must have the minimum required liability insurance for your auto (please see "car insurance" above for details).

California Identification Card

- DMV issues ID cards to persons of any age;
- The ID card looks like a driver license, but is used for identification purposes only;
- A regular ID card is valid for six years;
- The application fee is \$23- (**ILP funds can be used**);
- Reduced fee ID cards are available if you meet income requirements from a public assistance program. If you are eligible, the government or non-profit program will give you a completed *Verification for Reduced Fee Identification Card form (DL937)* to take to the DMV to apply for your reduced fee; and
 - See your local public assistance program agency for information about eligibility requirements and obtaining a DL937 form.

LIVING INDEPENDENTLY

IDENTITY THEFT

- Identity theft is the fastest growing crime of the 21st century;
- Teens are increasingly being targeted because;
 - Teens are largely unaware of the threats of identity theft, and those who are aware often fail to protect themselves
 - Teens frequent the Internet where they freely and, sometimes unknowingly, provide personal identifying information
 - Teens are known for having an “it can’t happen to me” attitude
- Perpetrators use your personal information to commit many different types of fraud, including credit card, bank, retail account (Gap, Macy’s), and telecommunications fraud;
- The internet is an appealing place for criminals to obtain identifying information such as your passwords, social security number, and credit card information.;
- Thieves often attempt to get information from chat rooms or from web sites that pose as legitimate commercial sites;
- According to the Federal Trade Commission (FTC) millions of Americans are victims of stolen identity every year (over 10 million in 2004); and
- The number one target of identity theft is young people between the ages of 18-29. According to the FTC young people comprised 31% of the 10 million victims in 2004.

Identity theft is a serious crime, but there is no need to become paranoid or stop using the Internet. However, you must be extremely cautious about divulging sensitive personal information to anyone.

Tips for preventing identity theft:

Guard your personal information. It’s valuable.

- Do not store personal identification information on laptops, wireless phones, pagers and MP3 players and other devices.
- Carefully destroy any paperwork you plan to throw out that has any identifying information, bank accounts, your driver’s license or Social Security number. Use a cross-cut shredder if possible.

Don’t be intimidated:

- Tell adults (social workers, coaches, teachers, employers) who ask for Social Security, driver’s license and credit card numbers that you want to know how they’ll use it and how they’ll protect it from identity theft.

Check out your paperwork

- Check bank and credit card statements for irregularities and any unauthorized charges.
- Ask for help on how to monitor your credit reports at least once a year.

****Refer to Credit Information for info and referrals ****

LIVING INDEPENDENTLY

THE INTERNET

The internet is used to obtain information, communicate, socialize, shop, access bank information, pay bills and access entertainment among other things. Websites like 'My-Space' can be / are great places to interact with your friends and share photos, memories and good times. However, they can also be places that make you an easy target for a perpetrator.

Protecting Yourself On-line

While you're on line, consider the following safety tips (suggested by the Federal Trade Commission)

- Think about how different sites work before deciding to join a site. Some sites will allow only a defined community of users to access posted content; others allow anyone and everyone to view postings;
- Keep control over the information you post. Consider restricting access to your page to a select group of people, for example, your friends from school, your club, your community groups or your family;
- Be cautious about posting information that could be used to identify you or locate you offline. This could include the name of your school, sports team, clubs, and where you work or hang out;
- Keep information to yourself. Do not post your full name, Social Security number, address, phone number, or bank and credit card account numbers – and don't post other people's information, either;
- Make sure your screen name doesn't say too much about you. Don't use your name, your age, or your hometown. Even if you think your screen name is anonymous, it doesn't take a genius to combine clues to figure out who you are and where you can be found;
- Post only information you are comfortable with others seeing and knowing about you. Many people can see your page, including your family, your teachers, the police, the college you might apply to next year, or the job you might want to apply for in five years;
- Remember that once you post information online, you can't take it back. Even if you delete the information from a site, older versions exist on other people's computers;
- Flirting with strangers online could have serious consequences. Because some people lie about who they really are, you never really know who you're dealing with;
- Be wary if a new online friend wants to meet you in person. Before you decide to meet someone, do your research:
 - Ask whether any of your friends know the person
 - See what background you can dig up through online search engines

LIVING INDEPENDENTLY

- If you decide to meet, be smart about it:
 - Meet in a public place, during the day, with friends you trust.
 - Tell an adult or responsible friend/sibling where you are going and when you expect to be back; and
- Trust your gut if you have suspicions. If you feel threatened by someone or uncomfortable because of something online, tell an adult you trust and report it to the police and the social networking sites. You could end up preventing someone else from becoming a victim.

For more information about staying safe online, visit the following organizations

OnGuard Online – www.OnGuardonline.gov

OnGuard Online provides practical tips from the federal government and the technology industry to help you be on guard against Internet fraud, secure your computer, and protect your personal information.

i-SAFE – www.i-safe.org

Founded in 1998 and endorsed by the U.S. Congress, i-SAFE is a non-profit foundation dedicated to protecting the online experiences of youth everywhere.

National Cyber Security Alliance – www.staysafeonline.org

NCSA is a non-profit organization that provides tools and resources to empower home users, small businesses and school, colleges and universities to stay safe online.

Staysafe - www.staysafe.org

staysafe.org is an educational site intended to help consumers understand both the positive aspects of the Internet as well as how to manage a variety of safety and security issues that exist online.

Wired Safety – www.wiredsafety.org

WiredSafety.org is an Internet safety and help group. Comprised of unpaid volunteers around the world, WiredSafety.org provides education, assistance and awareness on all aspects of cyber-crime and abuse, privacy, security and responsible technology use.

JOB ASSISTANCE - (Also, see *Employment*)

California Employment Development Department www.edd.ca.gov
Work Source Centers (800) 367-2562 *assistance with job placement*
Youth should contact her/his ILP Coordinator.

LIVING INDEPENDENTLY

LIFE SKILLS TRAINING (For ILP-eligible youth only)

Life skill services are offered through The Community College Foundation, The Foundation for California Community Colleges and Para Los Ninos. Through a contract with Youth Development Services, these agencies develop, organize and present services for probation and foster youth age 16 and older. Services include Independent Living Program (ILP) classes, financial aid workshops, and Early Youth Development Services. The agencies also assist in the training of foster parents and other human service workers. For further information, contact your ILP Transition Coordinator or the agencies.

Community College Foundation www.communitycollege.org (213) 427-6910

Foundation for California Community Colleges www.foundationccc.org
(310) 216-7708

Para Los Ninos www.paralosninos.org (213) 250-4800

PUBLIC ASSISTANCE

Provides financial, employment and health-related assistance to residents of Los Angeles County. Programs and services include:

- California Work Opportunity and Responsibility to Kids (CalWORKs); which provides temporary financial assistance, as well as employment services to families with children;
- Cal-Learn, a CalWORKs program for pregnant and parenting teens; and
- General Relief (GR), which provides temporary assistance and work opportunities to indigent adults.

Department of Public Social Services (DPSS) programs also include Food Stamps, Medi-Cal, and Cash Assistance Program for Immigrants (CAPI), and In-Home Supportive Services (IHSS).

DEPARTMENT OF PUBLIC SOCIAL SERVICES (DPSS)

Public Help Line (877) 481-1044

TDD (for hearing impaired) (562) 908-6650

Child Care Hotline (877) 244-5399 (CHILD-99)

Los Angeles Homeless Services Authority www.lahsa.org

RENTERS INFORMATION (see Housing Section)

SEALING OF RECORDS AND ACCESSING RECORDS

Please refer to the *Advocacy (Legal Resources)* section of this booklet. You can also visit ILP online, www.ilponline.org, legal assistance section, and click on "Having legal problems?" for a list of legal resources.

LIVING INDEPENDENTLY

TAXES

If you work in this country and make a certain amount of money you have to pay taxes. Tax laws change each year, but basically, you must pay three different types of taxes – federal, state and social security. It is your responsibility to keep informed about taxes and pay your taxes by April 15th each year. You can get information on tax laws at the library, a post office, or by calling the state tax office or the federal government's tax office the Internal Revenue Service or "IRS." The IRS office in Los Angeles is located downtown. For more information contact (213) 576-3009; or visit the website at: www.irs.gov.

W4 and W2 Forms:

The W4 is an official tax document you fill out when you get a job. The W4 authorizes your employer to deduct a certain amount of money from your paycheck for federal taxes. This is called "withholding" and is something all employers must do by law. Your employer can help you if you don't understand how to complete this form. The W2 is the statement that you usually get in January from your employer that reports your income for the prior year.

TRANSPORTATION

Los Angeles County Metropolitan Transit Authority

(800) 266-6883 (Commute) www.mta.net or www.metro.net

Department of Motor Vehicles (800) 921-1117 www.dmv.ca.gov

UTILITIES

The Gas Company – www.socalgas.com

Call Center (800) 427-2200

Southern California Edison – www.sce.com

Billing Questions (800) 684-8123

Hearing and Speech Impaired Line (TDD) (800) 352-8580

Low Income Rate Assistance (800) 447-6620

Rates or other Service Related Questions (800) 950-2356

(800) 655-4555

Los Angeles Department of Water and Power (DWP) – www.ladwp.com

Toll Free

(800) 342-5397 (DIAL-DWP)

SBC Pacific Bell - www.SBC.com

Service Center (800) 310-2355

MCI The Neighborhood – www.theneighborhood.com

Local Customer Service

(888) 624-5622 (MCI-LOCAL)

VERIZON Local Phone Service www.verizon.com

(800) 483-3000

LIVING INDEPENDENTLY

50 Suggestions for Independent Living

1. Obtain a certified copy of your birth certificate.
2. Obtain a Social Security card (and a wallet to put it in).
3. Enroll in a continuing education program.
4. Obtain a picture identification card (California I.D. or Driver's License).
5. Obtain a Medi-card, when eligible.
6. Obtain copies of your medical records.
7. Start a "Life Book" and/or file of important papers.
8. Open a bank account.
9. Learn how to write and cash a check.
10. Obtain a dentist.
11. Obtain a doctor.
12. Start a family scrapbook.
13. Renew contact with family members, if appropriate.
14. Develop at least one friendship.
15. Obtain a good counselor.
16. Join a local recreation center.
17. Learn new ways to have fun.
18. Connect with a church group.
19. Find a job.
20. Learn safe sex practices.
21. Find the best places to shop for food, clothing and furniture.
22. Learn to look up resources on-line and in the phone book.
23. Complete an Independent Living Skills workbook.
24. Learn to read a map.
25. Tour the city to get to know where things are such as the library, bank(s), stores, etc.
26. Learn to use the bus system and read the bus schedules.
27. Buy an alarm clock and learn to use it.
28. Learn to use the library and get a library card.
29. Get information about Driver's License, auto insurance laws/cost, etc.
30. Role play contacts with police, bank tellers, with friends(s), peer(s), counselor(s), etc.
31. Role-play several different styles of job interviews with friend(s), etc.
32. Put together a resume and an application fact sheet.
33. Make a list of important phone numbers.
34. Learn to cook five good meals.
35. Learn safe food handling and storage.
36. Learn to use coupons and comparison shop.
37. Learn to read a paycheck stub.
38. Learn to use an oven and microwave.
39. Learn to thoroughly clean a kitchen and bathroom.
40. Visit and observe adult traffic and criminal court.
41. Learn how, when, and where to get a lawyer.
42. Learn to read and understand a lease rental agreement.
43. Learn to do your taxes.
44. Learn to write a letter and mail it.
45. Develop good telephone communication skills.
46. Learn tenant and landlord rights.
47. Find a safe, inexpensive place to live.
48. Learn to budget your money.
49. Find a roommate with whom you can get along.
50. Talk to friends counselors, etc., about how about going out on your own.

LIVING INDEPENDENTLY

50 Ways to Save a Buck

1. Turn a hobby into a moneymaking service (for example, DJ-ing, computer lessons).
2. Quit smoking.
3. Swap clothing with friends.
4. Take advantage of free food (such as at school events) every chance you get.
5. Look for student movie pass discounts.
6. If you have a credit card, try to pay off your balance each month.
7. Carpool.
8. Search for the best gas prices in town.
9. Have a trusted friend cut your hair.
10. If you are on your own, share an apartment with friends.
11. Avoid the urge to spend money on fast food.
12. Pack your lunch for school or work.
13. Download free shareware online or borrow computer software from the library.
14. Read magazines at the library.
15. Look for after-work free appetizer buffets at area restaurants.
16. Buy books at used bookstores.
17. Trade in old books for new ones.
18. Visit a yard sale.
19. Exchange CDs with friends.
20. Sell old clothes at consignment shops.
21. Never make impulse purchases.
22. Check out movies from the library.
23. Take advantage of dry cleaning coupons.
24. Resole and recondition shoes instead of buying new ones.
25. Avoid disposable foods, such as prepackaged lunches and snacks.
26. Avoid one-hour photo processing. Invest in a low-cost digital camera.
27. Ask for cosmetic samples.
28. Shop alone. Shopping with friends can spark the urge to splurge.
29. Shop with a list – if it's not on the list, don't buy it.
30. Buy generic or store-brand products.
31. Check out discount bins at stores.
32. Don't buy food at convenience stores or gas stations.
33. Try not to buy convenience food from a machine.
34. Have a set weekly allowance plan before using your ATM or debit card.
35. Exercise in the park instead of at health clubs.
36. Check your newspaper for free local entertainment.
37. Visit art galleries and museums.
38. Use e-mail or instant messaging to stay in touch with long-distance friends and family.
39. Make a pizza instead of ordering one.
40. Make your own gifts.
41. Buy foods in bulk.
42. Shop at bakery thrift stores.
43. Save pocket change daily.
44. Walk to get where you're going.
45. Hold a game night for friends.
46. Avoid cover charges at clubs and dance halls.
47. Eat half of your meal at a restaurant and take home the rest for later.
48. Check out a visitor's bureau for recreation and park information in your area.
49. Barter (for example, work at a health club in exchange for free use).
50. Take a date to a park.

LEGAL RESOURCES

FOR FOSTER CHILDREN AND FOSTER PARENTS

Alliance for Children's Rights (213) 368-6010 Fax: (213) 368-6016

www.kids-alliance.org

3333 Wilshire Blvd., Suite 550 Los Angeles 90010 (Client Intake – No Walk-ins)

“The mission of The Alliance for Children's Rights is protecting the rights and futures of abused and impoverished children throughout Los Angeles County – in hopes of creating a world in which all children are able to have a safe and permanent family, a quality education, and all of the support and services they so rightfully deserve.”

Advocacy Areas: Dependency, Foster Care Adoptions, Health Care, Probate Guardianships, Government Benefits, Mentoring, Special Education, (no Family Law)”

Bet Tzedek Legal Services (323) 939-0506 Fax: (323) 549-5880

www.bettzedek.org

145 South Fairfax Ave., #200 Los Angeles 90036 (No Walk-ins)

N. Hollywood Office: 12821 Victory Blvd. North Hollywood, CA 91606

Tel: (818) 769-0136 Fax: (818) 763-3299

The firm “provides free legal assistance to thousands of people who would otherwise be denied access to the legal system underpinning our democracy”.

Advocacy Areas: Kinship Care, Family Caregivers, Disability Rights, Consumer Rights, Employment, Landlord/Tenant, Housing, Power of Attorney, Government Benefits, Health Care, Patient's Rights, Wage Claims

Break the Cycle (888) 988-8336 (TEEN)

www.breakthecycle.org Email: help@breakthecycle.org

5200 W. Century Blvd., Suite 300 Los Angeles, 90045

“Break the Cycle engages, educates and empowers youth to build lives and communities free from domestic and dating violence. Break the Cycle provides advice, referrals, legal information, advocacy and counsel to people, ages 12 to 24, and the people who care about them. Our lawyers can help you learn about your options and legal rights.”

Advocacy Areas: Teen/Youth Domestic Violence, Restraining Orders, Child Custody, Visitation, Community Referrals, Access to Shelter Services

California Office of the Foster Care Ombudsman (877) 846-1602

www.fosteryouthhelp.ca.gov Email: fosteryouthhelp@dss.ca.gov

1. Ensure the voice of foster children and youth is heard, and act on their behalf.
2. Create an avenue for foster children and youth to file complaints regarding their placement, care and services without fear of retribution from those who provide their care and services.

LEGAL RESOURCES

3. Act as an independent forum for the investigation and resolution of complaints made by or on behalf of children placed in foster care and make appropriate referrals.
4. Provide children and youth with information on their rights when placed in foster care.
5. Maintain a toll-free telephone number which foster children and youth may call from anywhere in California to express their concerns and complaints.
The Office of the Foster Care Ombudsman was established by state legislation and has been mandated to do the following:

California Youth Connection (213) 489-0720 Fax: (213) 489-0620

www.calyouthconn.org

453 S. Spring St #416 Los Angeles, 90013

Northern CA office: 1650 Oregon St. Redding 96001 (530) 243-8450

The CYC is a statewide non-profit advocacy organization comprised of current and former foster youth, ages 14 to 24. The CYC mission is to promote the participation of foster youth in policy development and legislative change in an effort to improve the foster care system. The CYC strives to form collaboration with decision-makers to improve social work practice and child welfare policy. For more information please call them at (800) 397-8236 or (415) 442-5060.

Children's Advocacy Institute (619) 260-4806 Fax: (619) 260-4753

www.caichildlaw.org Email: info@caichildlaw.org

5998 Alcala Park San Diego, CA 92110 (Serves San Diego plus statewide advocacy)

Sacramento Office: 717 K. Street, Suite 509 Sacramento, CA 95814 (916) 444-3875

The Children's Advocacy Institute (CAI) is part of the [Center for Public Interest Law](#) at the [University Of San Diego School Of Law](#). Staffed by experienced attorneys and advocates, advised by the [CAI Council for Children](#), and assisted by USD law student interns, CAI works to improve the status and well-being of children in our society by representing their interests and right to a safe, healthy childhood. In addition to its [academic program](#), which trains law students to be effective child advocates, CAI represents children in the state legislature, in the courts, before administrative agencies, and through public education programs.

Advocacy areas: Juvenile Justice System, Dependency System, Child Abuse Prevention, Foster Care, Adoption, Government Benefits, Health, Education, Special Education, Child Care.

Services offered: Legislative, Litigation, Budget Advocacy, Regulatory Advocacy, and Public Education

LEGAL RESOURCES

Children’s Law Center Los Angeles (323) 980-1700 Fax (323) 980-1708

www.clcla.org

201 Centre Plaza Drive, Suite 10 Monterey Park, CA 91754-2178

“CLC represents more than 80% of the nearly 30,000 children under the jurisdiction of the Los Angeles County Dependency Court. CLC attorneys appear on behalf of children in day-to-day dependency proceedings and also provide committed, passionate representation in a host of related hearings that seek to ensure the well-being and future success of each child.”

Harriet Buhai Center for Family Law (213)-388-7505

Teen Services: (213) 388-7514 Ext. 306 or 310

www.hbcfl.org Email: info@hbcfl.org

3250 Wilshire Blvd. Suite 710 Los Angeles, CA 90010

“The Harriett Buhai Center provides family law and domestic violence assistance to low-income families in Los Angeles through the efforts of volunteer lawyers, paralegals and students. The mission of the Center is to assure these families access to the courts, reduce poverty among children and single parents, and stop domestic violence.”

Advocacy areas: Child Custody, Child Support, Divorce, Domestic Violence, Paternity, Restraining Orders, legal Separation, Spousal Support, Visitation.

Immigration Center for Women & Children (213) 614-1165 Fax (213) 624-1163

www.icwclaw.org

634 South Spring Street, Suite 615 Los Angeles, CA 90014

“The ICWC is a non-profit legal organization providing affordable immigration services to underrepresented women and children in Los Angeles. ICWC strives to provide security and stability for children who are abused, abandoned, or neglected and for women and children who are victims of trafficking or domestic violence.”

Advocacy area: Immigration

Services offered: Special Immigrant Juvenile Status, VAWA, T-Visa, U-Visa, Probate Guardianships, and Family Based Immigration Petition

Legal Aid Foundation of Los Angeles (323) 801-7991 Fax (323) 801-7945

www.lafla.org

1102 Crenshaw Blvd. Los Angeles, CA 90019

East Los Angeles (Government benefits including foster care) 5228 Whittier Blvd. Los Angeles, CA 90022 Tel (213) 640-3883 (Client Intake)

[Offices: Inglewood, Inner City, Long Beach, Santa Monica, South Central]

“As Los Angeles’ frontline law firm for low-income people, we promote access to justice, strengthen communities, combat discrimination, and effect systemic change through representation, advocacy, and community education.”

LEGAL RESOURCES

Advocacy areas: Children, Foster Care, Government Benefits, Community Economic Development, Consumer Rights, Employment, Family Law, Health Care, Housing, Immigrant's Rights, Bankruptcy

Mental Health Advocacy Services, Inc. (213) 389-2077 Fax (213) 389-2595

www.mhas-la.org Email: infor@mhas-la.org

3255 Wilshire Blvd., Suite 902 Los Angeles, CA 90010

"MHAS provides free legal services to people with medical and developmental disabilities. MHAS assists both children and adults with an emphasis on obtaining government benefits and services, protecting rights, and fighting discrimination."

Advocacy areas: Children, Government Benefits, Civil Rights, Special Education, Foster Youth Education, Disability Rights, Employment, Health Care, Housing, Mental Health, Fair Housing

National Center for Youth Law (510) 835-8098 Fax: (510) 835-8099

www.youthlaw.org Email: info@youthlaw.org

405 14th Street, 15th Floor Oakland, CA 94612-2701

Sacramento Office: 1107 Ninth St., Suite 801 Sacramento, CA 95814-3600

Tel: (916) 444-2290 Fax: (916) 442-7966

"NCYL uses the law to improve the lives of poor children. The Center works to ensure they have the resources, support, and opportunities they need for a healthy and productive future. The Center focuses its work in four areas: safety, stability, and well-being of abused and neglected children, quality health and mental health care, successful transitions to adulthood for at-risk youth, and financial stability for low-income families and children."

Advocacy areas: Children and Youth

Services offered: Consultation, Information Services, Representation, and Training.

Counties Served: Statewide Legal Support Center

Protection and Advocacy Inc.

www.pai-ca.org

LA Office: 3580 Wilshire Blvd., Suite 902 Los Angeles, CA 90010 (213) 427-8747

Main Office: 100 Howe Avenue, 185N Sacramento, CA 95825 (916) 488-9950

The agency works to advance "The human and legal rights of people with disabilities."

Advocacy areas: For people with disabilities: Abuse and Neglect, Education, Employment, Government Benefits, Health Care Benefits, Housing, Long-Term Care, Transportation

LEGAL RESOURCES

Public Counsel’s Children’s Rights Project & Homeless Youth Project

(213) 385-2977 Fax: (213) 385-9089

www.publiccounsel.org

610 S. Ardmore Avenue Los Angeles, CA 90005

“Public Counsel is dedicated to advancing equal justice under law by delivering pro bono legal services to indigent and under- represented children and adults throughout Los Angeles County, ensuring that other community-based organizations serving this population have legal support, and mobilizing the pro bono resources of the community’s private attorneys and law students.”

Advocacy Areas: Foster Care, Adoptions, Legal Guardianships, Education and Special Education Advocacy, Pregnant and Parenting Teens, Assistance with TILP, Mentoring, and Accessing ILP benefits, Prop 63 mental health advocacy, Immigrant’s Rights, Government Benefits, Consumer Law

The Judicial Council of California’s Center for Families, Children, & the Courts (415) 865-7739 Fax: (415) 865-7217

www.courtinfo.ca.gov/programs/cfcc/ Email: CFCC@jud.ca.gov

455 Golden Gate Ave., 6th Floor San Francisco, CA 94102-3660

The AOC Center for Families, Children & the Courts (CFCC) is dedicated to improving the quality of justice and services to meet the diverse needs of children, youth, families, and self-represented litigants in the California courts.

Advocacy Areas: Issues affecting children and youth

Services offered: Research and Trainings

The State Bar of California (866) 442-2529

www.calbar.org

Main Office: 180 Howard Street San Francisco, CA 94105 (415) 538-2000

The State Bar is a public corporation within the judicial branch of government, serving as an arm of the California Supreme Court, which regulates the professional conduct of the state’s lawyers and provides greater access to the justice system for all citizens. Two publications of particular interest to foster care children, families, and advocates which are available on the website are: “Kids & the Law – An A-Z Guide for Parents” and “when you Become 18: A Survival Guide for Teenagers”

Advocacy areas: All

Lawyer Referral: If you need to hire an attorney to handle your case or want to consult an attorney on a potential case, a certified lawyer referral service can put you in touch with a lawyer who can handle your problem. If your particular problem can be resolved without a lawyer, the referral service will tell you how to get the help you need. (866) 442-2529 (CA-LAW)

LEGAL RESOURCES

Western Center on Law and Poverty (213) 487-7211 Fax: (213) 487-0242

www.wclp.org Email: info@wclp.org

3701 Wilshire Blvd., Suite 208 Los Angeles, CA 90010

“WCLP advances and enforces the rights of low-income Californians in health, housing and public assistance by working statewide for systemic change. We improve the lives of our clients through litigation, education, legal support to social and legal services providers, legislation, and policy advocacy.”

Advocacy areas: Health, Housing, Welfare, Foster Care

Services offered: Consultation; Information; Representation; Training

Counties served: Statewide Legal Support Center

Youth Law Center (415) 543-3379 Fax: (415) 956-9022

www.ylc.org Email: infor@ylc.org

417 Montgomery Street, Suite 900 San Francisco, CA 94104

“The Youth Law Center is a public interest law firm that works to protect children in the nation’s foster care and juvenile justice systems from abuse and neglect, and to ensure that they receive the necessary support and services to become healthy and productive adults.”

Advocacy areas: Children and Youth

Services Offered: Consultation; Information; Representation; and Training

Counties Served: Statewide Legal Support Center

MENTORING

What is mentoring? Mentoring is a relationship between an adult and a youth where the adult volunteers his or her time to provide the youth with support, guidance and friendship. The adult mentor is not being paid for his/her time, but rather, the key emphasis is the relationship and sharing experience. This one-on-one relationship helps to develop the mentee's (youth) sense of importance, self-efficacy and confidence. Mentoring can be the key to a youth's future. Mentoring has been shown to improve placement stability, increase school attendance, reduce delinquent behavior and improve self-esteem.

Why should youth be referred to mentoring? Youth in out of home care can derive great benefit from a strong positive mentoring relationship. This will support stability for the youth and greater opportunities for success and permanent connections. Mentoring can lead to a more successful transition out of the system and a lifelong connection.

The agencies listed below are partnered with the Department of Children and Family Services in providing mentoring services to youth and young adults in Los Angeles County. For further information youth, caregivers, or social workers/Probation Officers may contact Jennifer Hottenroth, DCFS Mentoring Section, at (213) 351-5775, or Suzy Moraes, Probation Mentoring Coordinator, at (213) 351-0222.

- **Mentoring Partnership for Los Angeles County Youth** (mPLAY) provides mentors for DCFS youth in out of home care. *Contact mPLAY at (310) 203-0500 or www.childrenunitingnations.org;*
- **Alliance for Children's Rights** helps guide 16-24 year olds through the difficult transition from foster care to independence by educating them about their legal rights and empowering them with skill building workshops and access to resources. The Allies Mentoring Program is designed to further support these youth by providing them with caring, consistent, adult role-models who will help empower them to make good decisions and set attainable life goals. *Contact Vinnie Daverso (213) 368-6010 Ext. 144. and*
- **Bridges to the Future** is a DCFS program that provides mentors from the Los Angeles Bar Association for transitioning youth who are seniors in high school. *Contact Connie Rex at (626) 938-1827.*

REPRODUCTIVE HEALTH

Sex? Choices for Teens¹

- It's okay to say "**No**". You don't have to explain, but if you chose to, you can say, "I've made up my mind to wait" or "I'm not ready to take that next step". Say whatever you're most comfortable with;
- Some teens and young adults choose not to have sex for religious, emotional or legal reasons;
- Be clear about what you want. It is easier to be clear once you've figured out exactly what you want. Be clear to yourself about the reasons for having sex; and
- Some people have sexual intercourse before they're ready. The following are a few of the reasons young people have sex before they're ready.
 - Falling to the pressure of a partner who pushes sexual intercourse;
 - Fear of losing a boy/girlfriend;
 - Wanting to be popular;
 - To prove you're not gay or lesbian; and
 - To experience the fireworks as seen on television, movies, music videos.
- Talk about how you feel before becoming involved sexually, and keep communication open;
- Do not say one thing and do another. Mean what you say and stick to it. A partner who doesn't respect your decision, doesn't respect you. Call them on it; and
- If you don't know someone well enough to talk about sex with him/her, you probably don't know the person well enough to have sex.

Birth Control

- If you choose to have sex, be responsible about it;
- If you're having sex and don't want to get pregnant, use regular birth control;
- The only guaranteed way to prevent having a baby is **NOT** to have sex;
- There are several types of birth control. Visit your doctor or a family planning clinic (such as Planned Parenthood) to determine what's best for you. Prescription birth control includes:
 - Birth control pills ("the pill");
 - Depo-Provera ("the shot" that lasts 3 months);
 - Diaphragms (rubber cup that gets placed inside the vagina).
- Birth control at drug stores (non-prescription) includes condoms (male & female), sponges, and spermicidal cream/jelly; and

¹ Printed with permission from material provided by Public Counsel

REPRODUCTIVE HEALTH

- Condoms are the most common form of birth control, but are not always the most effective in preventing pregnancy and sexually transmitted disease (STD) due to tears, leaks or misuse.

Emergency Contraception (*the morning after pill*) is another option. **THIS SHOULD ONLY BE USED FOR EMERGENCIES AND MUST NOT BE USED AS A REGULAR FORM OF BIRTH CONTROL.** *The morning after pill* can keep you from getting pregnant if your condom broke or if you didn't use any birth control during sex.

For more information on birth control contact a family planning clinic (such as Planned Parenthood) or visit the following websites:

- Planned Parenthood (800) 942-1054 or www.plannedparenthood.org;
- Emergency Contraception: (888) 668-2-5283 (NOT-2-LATE) or www.not-2-late.com ;
- www.teenwire.com;
- www.advocatesforyouth.org/youth/health/contraceptives/index.htm;
- www.avert.org/ynqindx.htm

For more resources, please refer to the *Additional Resources* section located at the end of this directory.

STDs

- Prescription or over-the-counter birth control is not effective in preventing STDs (sexually transmitted diseases);
- The most common forms of STDs are;
 - HIV (the virus that causes AIDS);
 - Syphilis;
 - Chlamydia;
 - Hepatitis B & C;
 - Gonorrhea;
 - Herpes;
 - Genital warts; and
 - Pubic lice & Scabies.
- The most effective method for preventing the transmission of STDs is protected sex and single partners (versus multiple partners); and
- Condoms are the most effective in preventing most types of STDs, but not all.

For more information on STDs, visit the following websites:

www.teenwire.com
www.teensource.org
www.iwannaknow.org/basics2/index.html
www.avert.org/teenstd.htm

REPRODUCTIVE HEALTH

Where you can go for Sexual Health Services

ACCESS: English (800) 375-4636 Spanish (888) 442-2237

The hotline has counselors to help women and teens understand their options, and find free or low-cost services they need.

Emergency Contraception (888) 668-2-5283 (NOT-2-LATE) or www.not-2-late.com

Toll free hotline for the names and phone numbers of places where you can get emergency contraception, or the 'morning after pill'.

Family PACT: (800) 942-1054 or www.familypact.org

Family PACT can help you find a provider who can help you sign up for an alternate way of paying. You can also find medical providers on their website. Just type in your zip code and it will list all the health care providers in your area who take Family PACT.

Planned Parenthood: (800) 230-7526 (PLAN) or www.plannedparenthood.org

You can get affordable and confidential health care at Planned Parenthood health centers across the state. They offer a wide range of services for both teens and adults. Call to connect with the nearest center and make an appointment, or just ask a question. You can also find your local center by typing in your zip code.

Pregnant

If you're pregnant, **you have a right to choose** to keep the baby, place the baby for adoption or with an adult guardian, safely surrender your baby, or have an abortion.

Some things to think about in your decision of being or not being a parent.

- your rights and responsibilities toward your baby are the same as an adult;
- consider your ability to meet the baby's needs, especially if the baby has special health care needs;
- your school or career goals; and
- your relationship with the baby's father.

Adoption

- The legal process where you give up all your rights to be a parent to your child permanently;
- Regardless of your child's age, you can get counseling at an adoption agency if parenting becomes too overwhelming and begins to feel like maybe you made the wrong choice;
- A baby can be placed for adoption through
 - A private adoption agency;
 - A public agency like the Department of Social Services;

REPRODUCTIVE HEALTH

- A private agreement with the adoptive parents; and
- Placing the child with an adoptive family and signing an “AD 22” form. In this type of adoption, nothing is final until the birth mother later signs a “consent to adoption” form.

Information about adoption

To learn about adoption in California (your options, how to get help, how it works) contact or visit the following organizations.

- **Adoption Unit DCFS** (information & application intake) (888) 811-1121
- **Adoption Connection** (800) 972-9225 or www.adoptionconnection.org
- **Pact** (800) 750-7590 or www.pactadopt.org
- **Gravity Teen.com** www.gravityteen.com/adoption/
- Teen advice.com www.teenadvice.about.com/od/optionsadoption/

Guardianship

- The legal process where a court appoints an adult to act as your child’s parent.
- It can last until your child is 18; and
- Guardianship does not have to be permanent, but it can be hard to undo later if the guardian or the judge does not agree.
- Reasons to establish guardianship:
 - You may want to focus on finishing high school or college before taking on full responsibility for your child;
 - As a teen, you may not be able to take on the responsibilities of caring for your child;
 - The adult may be in a better financial situation to care for your child; and
 - Grandparents may be able to extend their health insurance to cover your child if they have guardianship.

If you have questions regarding guardianship

- Contact Public Counsel’s Children’s Right at (213) 385-2977 Ext. 500; and
- You may also visit Public Counsel’s Pro Per Guardianship clinic located at: Los Angeles County Courthouse 111 North Hill Street, Room 260 B
Los Angeles, CA 90012
Hours: 9:00am to 3:00pm, Tues., Wed., Thurs. **(arrive by 9:00am)**.

Safely Surrendered Baby Law

This law makes it easier for a parent who might otherwise abandon their baby in an unsafe place. The *Safely Surrendered Baby Law consists of the following*:

- Permits the parent(s) or surrendering person to safely and confidentially surrender a baby within three (3) days of birth;
- In the state of California, the baby may be surrendered to any hospital emergency room or to any fire station;

REPRODUCTIVE HEALTH

- It provides a safe place for babies;
- It protects the parent(s) or surrendering person from prosecution for child abandonment.;
- The parent(s) are not required to give their names. They may be asked general health questions, which they have the option to answer; and
- Allows the parent(s) or surrendering person at least 14 days to reclaim the baby.

Abortion *If you are a pregnant teen in California:*

- You can get an abortion without anyone else's consent;
- Being pregnant and making such a decision is confidential;
- No one can force you to get an abortion;
- The doctor performing the abortion may NOT tell your parents or your boyfriend without your written consent;
- An abortion must be obtained within the first 20 weeks of the pregnancy in most cases;
- A licensed medical doctor in an office, clinic or hospital must perform the abortion;
- Medi-cal may cover the expense. There are low-cost/no-cost services available to you; and
- For more information contact Planned Parenthood at **(800) 230-7526 (PLAN)** or visit their website at www.plannedparenthood.org.

Medical Services

- Many youth are not aware that they can access medical services without parental consent;
- Youth (males & females) can apply for *minor consent Medi-Cal services* through the *Department of Public Social Services for Minor Consent Services*;
- Minor consent services are: pregnancy and pregnancy related care, family planning services, sexual assault services, sexually transmitted disease treatment, drug and alcohol abuse treatment/counseling, and mental health outpatient care;
- The age requirement is for youth between 12 to 21 years;
- Eligibility depends on the living situation and the parental responsibility;
- Youth who do not wish to identify parental information can apply for Medi-cal services through the Minor Consent Program; and
- If a youth requests services covered by the Minor Consent Program, the parents are not financially responsible and the child may sign an application and have a case opened in his/her own name through the Department of Public Social Services.

REPRODUCTIVE HEALTH

Protecting Your Rights

The following groups help protect your right to make your own decisions about pregnancy and birth control. Call them if you think your reproductive rights have been violated.

The American Civil Liberties Union (ACLU)

- Northern California (415) 621-2493
- Southern California (213) 977-9500 (Los Angeles) / (619) 232-2121 (San Diego)

NABRAL Pro-Choice California (415) 890-1020 www.caral.org

Educates voters about reproductive rights in California and provides resources/information.

Planned Parenthood Affiliates of California (916) 446-5247

TEEN DATING AND VIOLENCE

Domestic Violence

Domestic violence involves a pattern of abusive behavior. Domestic violence (also known as *dating violence*) can be physical, sexual, verbal, or emotional, or a combination of some or all of these. It can happen in casual dating, or in long term relationships.

Physical Abuse – includes such things as scratching, hitting, slapping, biting, pinching, shoving, pushing, pulling hair, choking, kicking, or using a weapon against a boy/girlfriend.

Sexual Abuse – includes any unwanted or forced sexual activity or rape. It refers to sexual activity that is pressured or coerced (you didn't want to do it, but were pressured into it). It also refers to engaging in sexual activity (or trying to) with someone who is under the influence of drugs or alcohol.

Verbal or Emotional Abuse - anything that your boy/girlfriend says or does to you in order to try to control you, or which causes you fear, and affects your self esteem. The following are examples of verbal/emotional abuse. If your boy/girlfriend:

- humiliates or insults you, or your family and friends;
- swears at you or calls you names;
- tries to control your activities (who you call, where you go);
- tries to isolate you from your friends and family;
- yells and screams at you;
- constantly orders you around and tells you what to do;
- threatens to harm you, your loved ones, or him/her self;
- threatens suicide;
- becomes violent, he/she blames you and makes you feel responsible; and
- stalks you.

How do you know if you have a friend who's involved in an abusive relationship?

- Clues that someone may be in trouble in their relationship;
- bruising or other signs of physical injury;
- changes in mood or personality;
- difficulty making decisions and avoiding eye contact;
- changes in school attendance/performance, or dropping out of school;
- social isolation; and
- crying easily or overreacting to minor incidents.

What you can do if someone you know is being abused?

- Listen without judging;

TEEN DATING AND VIOLENCE

- Help your friend talk to a trusted person to get help and/or call the hotlines/counseling/ legal referrals listed in the *Resources/Referrals* section ahead;
- Remind your friend of his or her strengths and positive attributes;
- Invite your friend to spend time with you and to take part in activities with you;
- While your friend stays in the relationship, continue to be as much support as possible; and
- If your friend decides to leave the relationship, continue to be supportive and active with him/her once he/she is alone.

What if you are the one doing the hurting?

- You're not a bad person, just someone who needs help to stop a bad behavior;
- The problem of hurting people when you're angry, frustrated or jealous is not going to go away on its own;
- Even if you think you're justified in your actions, you can get new ideas about how to handle your feelings;
- You can learn new ways to deal with anger, fight fair, to communicate and to give and receive love in a relationship;
- Drinking alcohol or using drugs does not make you hurt someone;
- You can never use drugs or alcohol as an excuse for abusive behavior;
- Nobody is ever justified in hurting someone else to get their way;
- You won't get what you're looking for (love, respect, a happy time with someone who loves you and trusts you) unless you learn to deal with your frustration in a way that is not harmful to others; and
- Do not let shame or fear stop you. Talk to someone you trust or a teacher, doctor, religious leader, or counselor.

If you suspect you're in an abusive relationship, *trust your feelings/instincts and take it seriously*. If you're not sure, please contact the agencies/phone numbers listed below and confidentially speak with someone about your concerns. You can also check out the websites listed below.

Do not feel ashamed! Domestic violence and dating violence occur frequently and to a lot of young people.

IF YOU'RE EVER IN A SITUATION WHERE YOUR BOYFRIEND OR GIRLFRIEND HAS HURT YOU OR IS THREATENING TO HURT YOU, CALL THE POLICE (911) FOR HELP. There are a lot of people, agencies, and services to help you. **You are not alone.**

TEEN DATING AND VIOLENCE

Referrals/Resources for Help

Get help. Talk to a trusted friend or adult. Get informed.

Los Angeles County Domestic Violence Hotline (800) 978-3600

Valley Trauma Center 24-hour hotline (818)-886-0453 for sexual assault victims in the San Fernando Valley

National Domestic Violence Hotline (800) 799-7299 (TDD (800) 787-3224)

Teen Line (800) 852-8336 (TLC-TEEN)

National Youth Violence Prevention Resource Center (866) 723-3968 (8:00 am to 6:00 pm EST) www.safeyouth.org

National Center for Victims of Crime www.ncvc.org

- look for the link to “dating violence resource center” under *Resource Centers*

Domestic Violence Restraining Orders

- A domestic violence restraining order is a court order that orders your boy/girlfriend (the abuser) to not come near you and not have contact with you.
- The Requirements of a Restraining Order:
 1. a “*domestic relationship*” – which means one of the following:
 - current or former spouse;
 - someone you’ve lived with, dated or been engaged to;
 - the parent of your child; and
 - a relative by blood, marriage or adoption.
 2. abusive behavior, which is any of the following:
 - bodily injury (either cause or attempt by abuser);
 - sexual assault; and
 - threat of serious bodily harm/injury and belief that the threat will be carried out.
- Where do you get a Restraining Order?
 - If it is an emergency, call 911. When the police come, ask for an Emergency Protective Order, which is good for 5-7 days, until you can go to court to get a long restraining order; and
 - If it is not an emergency, there are people who can help you. Call one of the numbers listed below

Legal Assistance

- Asian Pacific American Legal Center (Mon.-Fri. 9:00 am to 5:00 pm) (213) 977-7500;
- Break the Cycle Legal services and referrals related to teen/youth domestic violence (310) 286-3366 or (888) 988-8336 (TEEN);
- Legal Aid Foundation of Long Beach (562) 435-3501;
- Los Angeles Center for Law and Justice (323) 980-3500; and
- Public Counsel (213) 385-2977.

ADDITIONAL RESOURCES

CHILD CARE

Childcare Connection (800) 543-7793 (KIDS)

Child Care Resource Center, Inc. Lancaster (661) 949-0615
www.ccrcla.org 42281 10th Street West Lancaster, CA 93534

Child Care Resource Center, Inc. San Fernando Valley (818) 717-1000
www.ccrcla.org 20001 Prairie St. Chatsworth, CA 91311

Child Care Information Service (626) 449-8221
www.ccispasadena.org 2698 Mataro Street Pasadena, CA 91107

Center for Community and Family Services (310) 217-2935
www.ccafs.org
649 Albertoni Street, Suite 200 Carson, CA 90746
Serving Carson, Compton, Downey, Harbor City, Lomita, Lynwood, Palos Verdes, Paramount, South Gate and Torrance

Connections for Children (310) 452-3202
www.cfc-ca.org
2701 Ocean Park Blvd., Suite 253 Santa Monica, CA 90405

Crystal Stairs, Inc. (888) 543-7247 (323) 421-1029
www.crystalstairs.org
5110 W. Goldleaf Circle, Suite 150 Los Angeles, CA 90056 (main office)

Mexican American Opportunity Foundation (323) 890-1555
www.maof.org
401 N. Garfield Ave. Montebello, CA 90640
Serving El Monte, Gardena, Inglewood, Lennox, Norwalk and Salinas

Options Human Services Agency (626) 856-5900
www.optionscc.com
13100 Brooks Drive, Suite 100 Baldwin Park, CA 91706

Pathways (213) 427-2700
www.pathwaysla.org
3550 W. 6th Street, Suite 500 Los Angeles, CA 90020

ADDITIONAL RESOURCES

CHILD CARE AND EDUCATION

LAUSD Early Childhood Education Division (213) 481-3380

National Association for the Education of Young Children www.naeyc.org

An organization dedicated to improving the quality of programs for children from birth through third grade. Their web site has information for parents as guidance for choosing a good care program and education for children.

National Institute on Out-Of-School Time

www.wellesley.edu/WCW/CRW/SAC

An organization aimed at improving the quality of out-of-school programs, and ensuring all children, youth and families have access to those programs.

National Child Care Association - www.nccanet.org

A non-profit professional trade association that provides information and resources for licensed, private childcare centers and preschool programs.

CHILD DEVELOPMENT AND HEALTH

Zero To Three (0-3 Years) - www.zerotothree.org

A non-profit organization that promotes healthy development of babies and young children. It has a special section, "BrainWonders," explaining how the brain develops and offering parents, pediatric and family clinician resources and advice.

California Food Policy Advocates - www.cfpa.net

California Food Policy Advocates is a statewide public policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious and affordable food.

OTHER CHILD CARE ASSOCIATIONS AND NETWORKS

Infant/Toddler Consortium - www.infanttoddlerconsortium.org

The mission of the Infant Toddler Consortium is to promote and support quality care for infants and toddlers through multilingual caregiver training, public education and advocacy.

National Association Of Child Care Resource And Referral Agencies (Naccrra) - www.naccrra.org

As the national network of community based CCR&Rs, NACCRRRA gives voice to the childcare needs of families and communities.

ADDITIONAL RESOURCES

California Alternative Payment Program Association www.cappaonline.com

A state association of organizations that provide child care subsidies to CalWORKs and working poor families throughout California.

Kids Count - www.aecf.org/kidscount

KIDS COUNT, a project of the Annie E. Casey Foundation, is a national and state-by-state effort to track the status of children in the U.S. By providing policymakers and citizens with benchmarks of child well-being, KIDS COUNT seeks to enrich local, state, and national discussions concerning ways to secure better futures for all children.

HELPFUL WEBSITES

Federal Government Resources

The Administration for Children and Their Families (ACF)

www.acf.dhhs.gov/index.html

ACF is the federal agency responsible for funding state, local, and tribal organizations to provide family assistance (welfare), child support, childcare, Head Start, child welfare, and other programs relating to children and families.

Child Care Bureau - <http://www.acf.dhhs.gov/programs/ccb>

The Child Care Bureau administers federal funds to states, territories, and tribes to assist low-income families in accessing quality child care for children when the parents work or participate in education or training.

State Government Resources

California Department Of Social Services

www.dss.cahwnet.gov/cdssweb/default.htm Official site of the California Department of Social Services (CDSS). CDSS' primary goal is to aid and protect needy and vulnerable children and adults by strengthening and preserving families, encouraging personal responsibility and fostering independence.

Children Now - www.childrennow.org

Children Now is an independent, nonpartisan organization that uses research and action to improve children's lives while at the same time helping America build a sustained commitment to putting children first.

COUNSELING/MENTAL HEALTH SERVICES

The Department of Mental Health (DMH)

The Department of Mental Health provides mental health care through a network of clinics, field services, and hospitals and other facilities operated by the County and contract agencies. Specialized services, including crisis intervention,

ADDITIONAL RESOURCES

intensive case management, dual diagnosis, forensic mental health, inpatient, outpatient, day treatment and guardianship services.

Department of Mental Health Information/Emergency Hotline (800) 854-7771 / TDD: (562) 651-2549

Provides info and referrals to public mental health programs for anyone in LA County.

LA County Department of Mental Health Transition Age Youth (TAY) Division

Provides services to LA County youth between the ages of 16 and 25 suffering from severe mental health issues who are:

- Struggling with substance abuse disorders
- Homeless or at risk of becoming homeless
- Aging out of the children’s mental health; child welfare, or juvenile justice systems
- Leaving long-term care
- Experiencing their first psychotic break

TAY Supervisors

Adrienne Gee (service areas 1-4)

(213) 471-0412 email: agee@dmh.lacounty.gov

Kimberly Hairston (service areas 5-8)

(213) 944-8978 email: khairston@dmh.lacounty.gov

TAY Central Administration

- Michael Lyles, MS *Mental Health Services Coordinator*
(213) 738-2401 email: mlyles@dmh.lacounty.gov
- Angela Shields, Ph.D. Program Head
(213) 639-6730 email: ashields@dmh.lacounty.gov
- Terri Boykins, LCSW Division Chief
(213) 738-2408 email: tboykins@dmh.lacounty.gov

Department of Mental Health in Los Angeles County

Antelope Valley.....	(661) 723-4260
East Los Angeles.....	(562) 402-0688
Hollywood.....	(323) 769-6100
Long Beach Area.....	(310) 222-1631
San Fernando Valley.....	(818) 832-2400
San Gabriel Valley.....	(626) 258-2004
South Los Angeles.....	(310) 668-5150
Westside.....	(310) 268-2519
All Other Areas.....	(800) 854-7771
Patient’s Rights.....	(213) 738-4888

ADDITIONAL RESOURCES

Grief Counseling / Our House

(310) 475-0299

1950 Sawtell Blvd. #225 Los Angeles 90025

The agency provides grief support services, education and resources for children, youth and adults who have experienced the death of a loved one.

Additional Mental Health Service Providers

For a more extensive listing of service providers in your area, visit www.healthycity.org

Antelope Valley

LA County DMH Palmdale Mental Health Center *Medi-cal accepted*

(661) 575-1800 (Administration, Intake, Other)

1529 E. Palmdale Blvd., Ste. 150 Palmdale, CA 93550

The center provides mental health services for adults with chronic and persistent mental health disorder, who live in the Los Angeles County portion of the South Antelope Valley.

Central Los Angeles

California Behavioral Health Clinic *Medi-cal accepted*

(213) 742-6250 (Intake, Admin, Other)

1400 S. Grand Ave., Ste. 600 Los Angeles, CA 90015

The agency provides mental health services for youth in Los Angeles County. There are no geographic restrictions.

LA County DMH Downtown Mental Health Center

(213) 430-6700 (Intake)

529 S. Maple Ave. Los Angeles, CA 90013

The agency provides mental health services, employment services and welfare-to-work support services from two locations in the Downtown area of Los Angeles. There are geographic restrictions for some services. Monday through Friday, 8:00 am to 5:00 pm.

Los Angeles Downtown Drop-In Center *Medi-cal accepted*

(213) 624-4357 (Intake, Admin, Other)

628 S. San Julian St. Los Angeles, CA 90014 (Between 6th & 7th off of San Pedro)

Professional and volunteer staff provide drop-in services in crisis intervention, individual counseling, case management and homeless drop-in centers.

East Los Angeles Area & South East LA

Barrios Action Youth & Family Center *No charge*

(323) 221-0779

4927 Huntington Drive North Los Angeles

Provides individual, group and family counseling, case management. Assists with the placement of batterers into domestic violence program

ADDITIONAL RESOURCES

San Fernando Valley & Santa Clarita

Child & Family Center *Medi-cal accepted*

(661) 259-9439 (Intake) / (661) 259-6847 (Admin)

21545 Centre Pointe Parkway Santa Clarita, CA 91350

The agency provides child care, family life education, mental health services and substance abuse services for adolescents. There are no geographic restrictions for most services.

El Nido Family Services *Some services are free of charge, sliding scale & fee for service*

(818) 830-3646 (Intake, Admin, Other)

The agency provides child abuse services and counseling services for youth and their families in Los Angeles. Services are targeted, but not restricted, to low-income youth. Age restrictions apply for some services.

LA County Department of Mental Health, Santa Clarita Valley *Medi-cal accepted*

(661) 575-3905 (Intake)

25050 Peachland Ave., Ste. 203 Newhall, CA 91321

The clinic provides mental health and welfare-to-work support services for adults in the Santa Clarita Valley. There are no geographic restrictions. HOURS: Monday through Friday, 8:00am to 5:00pm.

LA County DMH West Valley Medical Health Center *Medi-cal accepted*

(818) 598-6900 (Intake)

7621 Canoga Ave. Canoga Park, CA 91304

The center provides mental health services for adults in the west San Fernando Valley.

San Gabriel/Pomona

Asian Youth Center *Medi-cal accepted*

(626) 309-0622 (Intake, Admin, Other)

100 W. Clary Ave., San Gabriel, CA 91776

The agency provides youth services to youth and young adults, age 6 to 24, in the San Gabriel Valley. There are no geographic restrictions.

Foothill Family Services, El Monte Office *Medi-cal accepted*

(626) 442-8391 (Intake)

The agency provides counseling services, domestic violence services, family life education, and welfare-to-work support services for individuals of all ages in the San Gabriel Valley area. Services are provided at four locations.

Foothill Family Services, West Covina Offices *Medi-cal accepted & sliding scale*

(626) 338-9200 (Intake)

1215 W. West Covina Pkwy. West Covina, CA 91790

The agency provides counseling services, domestic violence services, family life education, and welfare-to-work support services for individuals of all ages in the San Gabriel Valley area. Services are provided at four locations.

Tri-City Mental Health Center *Medi-cal accepted*

(909) 623-9500 (Intake)

2008 N. Garvey Ave. Pomona, CA 91767

Outpatient mental health programs for adults, families and groups. Some services include: psychiatric eval., parent education, drug & alcohol treatment, anger mgmt, domestic violence, crisis intervention and case management.

ADDITIONAL RESOURCES

Pasadena/Glendale

Family Foothill Service *Medi-cal accepted & sliding scale fee*

(866) 304-4337 (Intake)

The agency provides counseling services, domestic violence services, family life education, child abuse services, and welfare-to-work support services for individuals of all ages in the San Gabriel Valley area. Services are provided at four locations.

Hillsides *Medi-cal accepted*

(323) 254-2274 (Intake)

940 Avenue 64 Pasadena, CA 91105

The agency provides family life education, residential mental health services and services for families of children with disabilities in Los Angeles. Services are provided at three locations

South Bay Mental Health Services *Medi-cal accepted*

(323) 241-6730

2311 W. El Segundo Hawthorne

The agency provides mental health services, counseling and groups. Services included for those suffering from severe and chronic mental health needs.

South Los Angeles

Genesis Family Day Treatment Program *Medi-cal accepted*

(310) 668-8260 (Service/Intake)

12021 S. Wilmington Ave., Los Angeles, CA 90059

The agency provides mental health services, residential substance abuse treatment/services, and youth services primarily for families who live in the South Central Los Angeles/Compton area.

Kedren Community Mental Health Center *Medi-cal accepted*

(323) 233-0425 (Service/Intake and Administration)

4211 S. Avalon Blvd., Los Angeles, CA 90011

The center provides inpatient and outpatient mental health services for people of all ages who live, primarily, in the South Central and Southeast areas of Los Angeles. There are no geographic restrictions.

USC Psychological Services Center

(213) 740-1600 (Service/Intake)

1002 Childs Way, Los Angeles, CA 90089

The center provides counseling services for people of all ages who live in Los Angeles County

West LA Area

Didi Hirsch, Mar Vista Center *Medi-cal accepted*

(310) 390-8896 (Intake)

The agency provides counseling services; mental health services; residential mental health services; residential treatment for substance abuse; substance abuse services; and suicide prevention hotline. Services are provided at 9 locations

Alcott Center for Mental Health Services *Medi-cal accepted*

(310) 785-2121 (Intake, Administration, Other)

1433 S. Robertson Blvd., Los Angeles, CA 90035

The center provides mental health services for adults in Los Angeles County. Services are provided at three locations; see site list for details. There are no geographic restrictions.

ADDITIONAL RESOURCES

Kayne-Eras Center *Medi-cal accepted*

(310) 737-9393 (Intake)

5350 Machado Rd. Culver City

The center provides counseling for adults. Areas served include Beverly Hills, Westchester, and West LA.

FINANCIAL ASSISTANCE – Food, Medical, Cash

Los Angeles County Department of Public Social Services, Info Line (323)

686-0950 Call to obtain information regarding your local office. Eligibility for aid will be determined at the local office.

Medi-cal and Healthy Families (888) 747-1222

Call to obtain information regarding free or low-cost medical care.

Women, Infant & Children (WIC) Program (888) 942-9675

Pregnant teens may receive free food vouchers along with nutrition education and referrals to health care. The teen will be referred to the WIC office nearest her home.

Comprehensive Perinatal Services Program (CPSP) (213) 639-6425

CPSP providers include private doctors as well as both private and county clinics and hospitals providing an augmented level of care under the Medi-Cal reimbursement program.

GAY & LESTBIAN RESOURCES

Trevor Hotline Crisis Hotline for gay, lesbian, bisexual youth (866) 488-7386 (4-U-TREVOR)

Bi-line Hotline (818) 989-3700

The organization provides 24-hour hotline counseling services for bisexuals, homosexuals, lesbians, heterosexuals, transsexuals and transvestites of any age in Los Angeles County. There are no geographic restrictions.

Youth Talk Line- LA Gay & Lesbian Center (800) 773-5540

Staffed by volunteers trained to address issues such as coming out, sexual identity, suicide, relationships, safe sex

Van Ness Recovery Home (323) 463-4266

1919 N. Beachwood Drive Hollywood

90-day residential drug and alcohol program targeted at gays and lesbians. Day program available for those on waiting list.

Gay and Lesbian Center in Long Beach, The *sliding scale and free services*

562-434-4455 (Service/Intake and Administration)

The agency provides employment services, health services, HIV/AIDS services, information and referral services and legal services primarily for gay men and lesbians in the Long Beach area. There are no geographic restrictions.

ADDITIONAL RESOURCES

Los Angeles Gay and Lesbian Center

(323) 993-7600 (Administrative)

1625 N. Schrader Blvd., Ste. 402, Los Angeles, CA 90028

The center provides administrative services, HIV/AIDS services, a multipurpose center, and substance abuse services for gay men and lesbians in Los Angeles. A wealth of other services are provided at five locations. There are no geographic restrictions.

Los Angeles Gay and Lesbian Center, Mental Health Services

(323) 993-7640 (Service/Intake)

The program provides counseling primarily for gay men, lesbians, bisexuals, and transgender individuals. There are no geographic restrictions.

Los Angeles Youth Supported Services

(877) 465-2977 (Service/Intake)

The agency provides youth services to at risk youth in the Hollywood, Silverlake and West Hollywood area. Services are targeted to street youth and to gay and lesbian street youth in the service area.

The Spot *services free of charge*

(323) 993-7440 (Service/Intake)

The center provides health services primarily for gay men and lesbians in Los Angeles. Services are targeted, but not restricted, to gay men and lesbians. Age restrictions apply for some services; there are no geographic restrictions.

HIV/AIDS/Other Sexually Transmitted Diseases Resources

Centers for Disease Control's National Sexually Transmitted Disease Hotline

(800) 227-8922

Los Angeles County Dept. of Health Services, Adolescent STD/HIV Services Project (800) 227-8922

National Teenage AIDS/STD Hotline (800) 440-8336

Open Fridays and Saturdays 3:00 p.m.-9:00 p.m. Manned by teens

ADDITIONAL RESOURCES

HOTLINES/HELPLINES

Crisis Hotlines

Alcohol & Drug Helpline.....	(800) 821-4357
Alcoholics Anonymous.....	(800) 923-8722
Al-anon.....	(888) 684-4444
Battered Woman's Hotline.....	(800) 548-2722
California AIDS/HIV Hotline.....	(800) 367-2437
California Youth Crisis Line.....	(800) 843-5200
Child Abuse Hotline.....	(800) 540-4000
Cutting yourself?.....	(800) 366-8288
East Los Angeles Rape & Battery Hotline.....	(800) 585-6231
Eating Disorders.....	(800) 931-2237
Los Angeles County Crisis Hotline.....	(800) 854-7771
Los Angeles Rape Crisis Hotline.....	(323) 290-4119 or (310) 392-8381
National Suicide Hotline.....	(800) 784-2433
Planned Parenthood.....	(800) 230-7526
Rosa Parks Sexual Assault Crisis Center.....	(310) 854-4319
Suicide Prevention Hotline.....	(877) 727-4747
Teen Line (Cedar Sinai Medical Center) 6pm -10pm PST, 7 days	(800) 852-8336
(310) 855-4673 Outside of California or if line is busy. <i>They accept collect calls</i>	
The Center for Substance Abuse Treatment.....	(800) 662-4357

PREGNANCY/BIRTH CONTROL

CA Office of Family Planning & Information Hotline.....	(800) 942-1054
DHS Nurse Family Partnership Program.....	(213) 639-6434
DHS Prenatal Care Guidance Program.....	(213) 639-6433
Emergency Contraception Hotline.....	(800) 744-3642
Family Planning Clinic LA.....	(213) 744-3642 or (213) 744-3643
LA Free Clinic (Teen Clinic).....	(323) 337-1792
Planned Parenthood Hotline.....	(800) 230-7526

PREGNANT TEENS & TEEN PARENTS

These programs are funded by the State Department of Health Services. Multi-service agencies work with pregnant and parenting teens to help them remain in school, get pre-natal and other health care, work out family problems, enhance their parenting and job skills and find child care.

Foothill Family Services (626) 795-6907

118 S. Oak Knoll Ave. Pasadena, CA 91101

ADDITIONAL RESOURCES

Alta Med

512 S. Indiana St. 2nd Floor Los Angeles, CA 90063 (323) 980-3050
2476 S. Atlantic Blvd. Commerce, CA 90040 (323) 980-3061
12440 E. Firestone Blvd. #314 Norwalk, CA 90650 (562) 462-9009

Youth and Family Center (310) 671-1222

101 N. La Brea Suite 100 Inglewood, CA 90031

Project NATEEN (323) 669-5981

4610 Hollywood Blvd. Los Angeles, CA 90027

In addition to comprehensive services to teen mothers, this program also offers Project Dad, a 20-session program offered for fathers age 13-24. Project Dad offers teen fatherhood training, legal information, job preparation, resume development and job search assistance.

El Nido Family Center (310) 768-8030

El Nido Family Center offers wrap-around teen services in a number of Los Angeles County locations including the Carson, Pacoima, Mission Hills and the Antelope Valley. Call this number to locate the program nearest the teen's residence.

SUBSTANCE ABUSE/ADDICTION & TREATMENT

Alateen (213) 387-3158 www.al-anon.org

Alcoholics Anonymous (800) 923-8722 www.alcoholics-anonymous.org

Al-anon (888) 684-4444 www.al-anon.org

Children's Hospital LA, Substance abuse Program (323) 361-2463

Marijuana Anonymous (800) 766-6779 www.marijuana-anonymous.org

Narcotics Anonymous (800) 863-2962 www.natoday.org

Prototypes (909) 624-1233 www.prototypes.org

Didi Hirsh Community Mental Health at the Mar Vista Center *Medi-cal and sliding scale fee*

(310) 751-1200

12420 Venice Blvd. #200 Los Angeles

Provides drug and alcohol prevention and treatment programs, outpatient mental health counseling and psychotherapy.

Tri-City Mental Health Center *Medi-cal accepted*

(909) 623-9500 (Admissions)

2008 N. Garvey Ave. Pomona, CA 91767

Outpatient mental health programs for adults, families and groups. Some services include: psychiatric evaluation, parent education, drug & alcohol treatment, anger mgmt, domestic violence, crisis intervention and case management.

ADDITIONAL RESOURCES

Hawaiian Gardens Community Service Center *Medi-cal accepted*

(562) 916-7581 (Admissions)

The agency provides health services, mental health services and substance abuse services for people of all ages who live in the Los Angeles County area. Services are offered at 12 locations; see site list for details. There are no geographic restrictions

Pomona Alcohol & Drug Recovery *Medi-cal accepted*

(909) 622-2273

636 S. Garvey Ave. Pomona

The agency provides individual, group and family therapy. Youth are treated in groups separate from adults.

SPIRIT Family Services *Sliding scale, some services free of charge*

(626) 442-4788

11046 Valley Mall El Monte

Offers drug and alcohol counseling, outpatient treatment, anger management and many other services for youth.

Tarzana Treatment Center, Inc. Headquarters sliding scale

(818) 996-1051

Various facilities throughout Los Angeles County offer multiple levels of treatment for youth with chemical dependency. Residential and outpatient services available.

Van Nuys Community Service Center *Medi-cal accepted*

(818) 779-0555 (Admissions)

6265 Sepulveda Blvd., Ste. 9 Van Nuys, CA 91411

The agency provides health services, mental health services and substance abuse services for people of all ages who live in the Los Angeles County area. Services are offered at 12 locations; see site list for details. There are no geographic restrictions.

YOUNG MEN RESOURCES

Con Los Padres (323) 728-9577

5233 East Beverly Boulevard East Los Angeles, CA 90022

Provides primary reproductive health care to young men and women ages 13 and up. Services include assessments, case management, health educators and educational workshops.

East LA Men's Health Center 323-726-9790

5257 East Beverly Boulevard East Los Angeles, CA 90022

ADDITIONAL RESOURCES

Joven Noble (323) 728-7770

5252 East Beverly Boulevard Los Angeles, CA 90022

The program works with adolescent males, their families, schools and community. A fifteen-week program is designed to support and guide young men through development into manhood. Counseling focuses on adolescent development, pregnancy/STD prevention, community violence, drugs and alcohol, maleness v. manhood, and other issues.

Children's Hospital Of Los Angeles Project NATEEN's: "Project DAD" (323) 669-5982

4610 Hollywood Boulevard Los Angeles, CA 90027

Project DAD, which is a part of Project NATEEN, is a multicultural teen fatherhood program. It provides such as legal information/education, job preparation and interview training, resume development, internet job search/posting and a teen fathers speaker's panel available for school and community presentations.

Children's Institute International

Project Fatherhood: Men in Relationships Groups (213) 385-5100

711 South Hampshire Avenue Los Angeles, CA 90005

<http://www.childrensinstitute.org/>

Project Fatherhood provides services in Central Los Angeles and Torrance to men who are fathers or potential fathers in an ongoing therapeutic group. The program promotes positive, responsible parenting and addresses traumatic experiences in the fathers' background that continue to affect their relationships with their children and partners. Men learn child development, parenting relationships and appropriate discipline. Children participate in the concurrent therapeutic programs.

City Of Long Beach Department Of Health And Human Services (562) 570-6555

2525 Grand Avenue Long Beach, CA 90815

El Nido Family Centers Real Men Can (310) 223-0707

www.elnidofamilycenters.org

1218 East Compton Boulevard Compton, CA 90221

Program geared towards young men 14-25 living in South Central Los Angeles and Compton areas. Some services include eight week educational groups that address pregnancy prevention and male responsibility; intensive individual counseling focused on pregnancy prevention; public awareness campaigns as part of local community events; family planning referrals; bimonthly mobile health clinic providing primary health care, STD screenings and family planning; youth development activities.

ADDITIONAL RESOURCES

Friends of the Family Young Dads Program (818) 988-4430

www.fofca.org

15350 Sherman Way, Suite 140 Van Nuys, CA 91406

The program serves young men 15-25 years old who are fathers to be or fathers of babies and children newborn to 6 years old. The program involves weekly meetings, including a meal, in small groups. An information, support and mentoring program that encourages and increases responsible fatherhood, enhances father/child bonding and improves that social and economic outcomes for young fathers and their families.

LA County Office of Education and LA County Probation Department

LA Dads - Young Men as Fathers Program (818) 932-9538

Los Angeles County Office of Education 22142 Sherman Way Canoga Park, Ca 91303

Collaborative program of LACOE and Probation Dept; reaches out to 14-18 year olds who are under authority of Juvenile County and are fathers or are in relationships where they act as father figures. 24-hour course includes family planning, prenatal care, stages of child development, impact of incarceration and positive role modeling. Participants are matched one-on-one with a mentor who provides general assistance and support, and models positive parenting skills. Specially planned family activities are also provided.

My Child Says Daddy (323) 296-8816

Consultation, counseling and legal assistance for young men regarding custody, child support, visitation, divorce, anger management and domestic violence. Parenting forums weekly, sometimes with guest speakers.

MORE RESOURCES

Info Line – call 211 or (800) 339-6993

24 Hrs./7 days a week. Multilingual

Aids Project Los Angeles www.apla.org (213) 201-1600

611 S. Kingsley Drive Los Angeles, CA 90005

Health and Human Services

For assistance, call (800) 339-6993

Social Security Administration (800) 772-1213 TTY (800) 325-0778

www.socialsecurity.gov

To obtain a social security card or apply for disability

California Department of Rehabilitation

www.dor.ca.gov

Transitional Independent Living Plan & Agreement

Youth: _____ Date of Birth: _____ Age _____ Ethnicity _____

Address: _____

Instructions To Youth: The purpose of this agreement is to capture the goals you are agreeing to achieve over the next 6 months. It is a good organizing tool to help you stay focused and keep track of your progress toward accomplishing each goal. Your Social Worker/Probation Officer and caregiver will also have copies of this agreement and will help you achieve your success.

Instructions to Caregiver: You are agreeing to assist the youth in the development of their ILP goals and to support the youth in completing the activities.

Instructions to Social Worker/Probation Officer: You are agreeing to assist the youth and the caregiver in completing this form, and develop Planned Services that will assist the youth in meeting his/her goals. Document the Planned Services and Delivered Services in CWS/CMS. Probation officers: use manual documentation procedures.

Service goals and activities to be addressed in the plan:

Goals are individualized based on your assessment and may include examples such as:

- develop a life-long connection to a supportive adult
- graduate from high school
- obtain a part-time job
- invest savings from part-time job
- develop community connections
- obtain a scholarship to attend college
- develop competency in the life skill of _____

Activities are individualized to help meet a specific goal. Example – if high school graduation is a goal, the youth directed activity might be to attend classes regularly with no tardies for the next 6 months.

For youth participating in ILP services, activities are reportable as ILP Delivered Services in CMS. The social worker shall select from one or more of the following ILP Service Types that an individualized completed activity fits in:

- Received ILP Needs Assessment
- ILP Mentoring
- ILP Education
- ILP Education Post Secondary
- ILP Education Financial Assistance
- ILP Career/Job Guidance
- ILP Employment/Vocational Training
- ILP Money Management
- ILP Consumer Skills
- ILP Health Care
- ILP Room and Board Financial Assistance
- ILP Transitional Housing, THP, THP Plus
- ILP Home Management
- ILP Time Management
- ILP Parenting Skills
- ILP Interpersonal/Social Skills
- ILP Financial Assistance Other
- ILP Transportation
- ILP Other (Stipends/Incentives)

- I understand that if I am employed as part of this plan, my earned income will be disregarded, as the purpose of my employment is to gain knowledge of needed work skills, habits and responsibilities to maintain employment. (WIC 11008.15)
- I understand that I can retain cash savings up to \$10,000 under this plan in an insured savings account and any withdrawal requires the written approval of my social worker/probation officer and must be used for purposes directly related to my transitional goals. (WIC 11155.5)
- I understand that I will receive assistance to obtain my personal documents and information about financial aid for postsecondary education/training.(WIC 16001.9)

Transitional Independent Living Plan & Agreement

Youth: _____ DOB: _____ Age: _____ Ethnicity: _____

Case Worker Name: _____ Case Worker phone: _____

TILP 6-month timeline: _____ to _____ Date Independent Living Needs Assessment completed: _____

If I have not participated in the ILP program before, I agree to participate now.

Based on the assessment of my level of functioning, the following transitional goals and activities meet my current needs.

Goal	Activity	Responsible Parties	Planned Completion date	Progress Date
Goal #1:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal #2:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal # 3:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.
Goal #4:				<input type="checkbox"/> Met Goal Date _____ <input type="checkbox"/> Satisfactory Progress <input type="checkbox"/> Needs more time/assistance. <input type="checkbox"/> Goal needs modification.

This Agreement will be updated on: _____ Update # _____

Signing this agreement means we will all work to complete the steps necessary to help the youth reach his/her goals.

Youth's signature

Date

Caregiver's signature

Date

Social Worker/Probation Officer signature

Date

Request for ILP Services

Date: _____

Dear Transition Coordinator: _____

I am requesting assistance from ILP with the following

- | | |
|--|--|
| <input type="checkbox"/> books, supplies* | <input type="checkbox"/> dorm or apt. start-up expenses |
| <input type="checkbox"/> work clothes** | <input type="checkbox"/> rent (emancipated youth) |
| <input type="checkbox"/> school clothes* | <input type="checkbox"/> rent deposit reimbursement |
| <input type="checkbox"/> transportation** | <input type="checkbox"/> high school diploma/GED incentive |
| <input type="checkbox"/> graduation expenses | <input type="checkbox"/> school or exam fees reimbursement |
| <input type="checkbox"/> tuition | <input type="checkbox"/> other |

*funds for books, supplies, school clothes, and transportation are for college/voc. school

**funds for work clothes and transportation not available for group home residents.

Reason for Request:

Attached documents to verify need:

- | | |
|---|--|
| <input type="checkbox"/> paystubs | <input type="checkbox"/> school enrollment documents |
| <input type="checkbox"/> financial aid letter | <input type="checkbox"/> letter from counselor |
| <input type="checkbox"/> cost estimate | <input type="checkbox"/> receipts |
| <input type="checkbox"/> lease/rent agreement | <input type="checkbox"/> other: _____ |

Thank you.

(signature)

(print name)

Address: _____ Phone: _____

Zip Code: _____ City: _____

Social Security #: _____ DOB: _____

Children's Social Worker/Deputy Probation Officer: _____

BUDGET WORK SHEET

Make copies of this budget work sheet to track your spending. Skip the expenses that don't apply. Fill in the ones that do. At the end do the math to see if you have some extra cash.

① **A** = Total Monthly Income. Add it up.

CATEGORY	AMOUNT		
Paycheck (after taxes)	\$		Other (gifts) \$
Part-time job money	\$		
Allowance	\$		TOTAL MONTHLY INCOME (A) \$

② **B** = Total Monthly Expenses. Add them up.

RENT/HOUSE PAYMENT \$ _____		INSURANCE	
UTILITIES		Car	\$
Electricity/Gas	\$	Home/Renter	\$
Water, Sewer, Trash	\$	Health	
Phone (Land Line, Long Distance, Cell)	\$	Co-Payments	\$
Cable	\$	Prescriptions	\$
ISP (Internet Service Provider)	\$	Other (Out-of-Pocket, Vision, Dental)	\$
PERSONAL EXPENSES		Life	\$
GROCERIES/Meal Plan/Eating Out	\$	DEBT	
Clothing/Shoes	\$	Student Loan	\$
Dry-Cleaning/Laundry	\$	Credit Card	\$
Haircuts/Hygiene	\$	Entertainment	
Fitness	\$	Movies/Concerts	\$
TRANSPORTATION		Books/Magazines	\$
Car Loan	\$	CDs/DVDs	\$
Car Maintenance	\$	Pocket Money/Extras	\$
Gas	\$	Hobbies	\$
Cabs	\$		
Train/Subway	\$		
Parking	\$	TOTAL MONTHLY EXPENSES (B)	\$

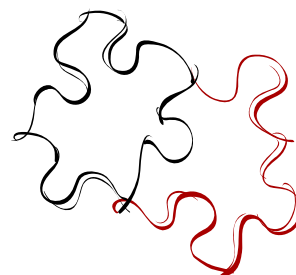
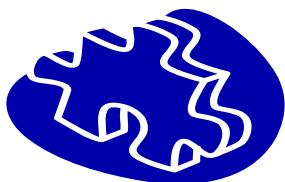
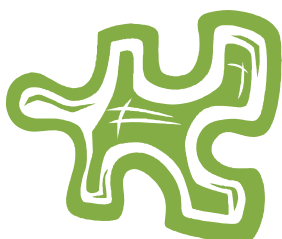
③ **A-B** = Subtract Total Monthly Expenses (B) From Total Monthly Income (A)

YOUR BUDGET SAVINGS EQUATION

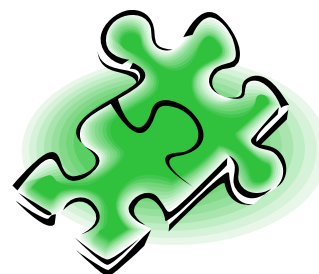
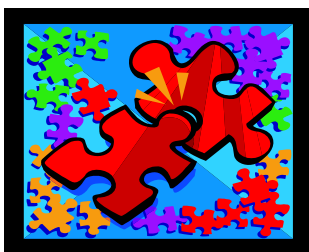
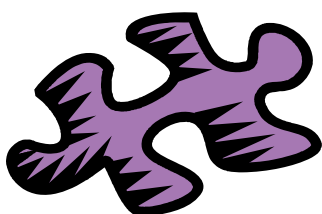
A (INCOME) \$ _____ - **B (EXPENSES)** \$ _____ = **REMAINDER FOR SAVINGS** \$ _____

The amount you have left can be saved. It is a good habit to keep at least three months of your expenses in an easy-to access account, such as a savings account or money market mutual fund. If you came up with a negative number take a closer look at where you can trim your expenses

INFORMATION and RESOURCE DIRECTORY for TRANSITION-AGE YOUNG ADULTS



PLAN YOUR FUTURE
CAREERS * HEALTHCARE *
EDUCATION * HOUSING*



LOS ANGELES COUNTY YOUTH DEVELOPMENT SERVICES PROGRAM

www.ilponline.org