

Food Resources for Families by SPA

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SPA 1: Antelope Valley

Includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others

- **Food: Food for all**
 - *Grace Resource Center, Inc.*
 - Location: 45134 N. Sierra Hwy, Lancaster, CA. 93534
 - Phone: 661-940-5272
 - Hours of operation:
 - Hot meals -- Wednesday and Friday at 5:30pm, Sunday at 1:30pm
 - Groceries -- Tuesday and Thursday, 10am to 1pm
 - Spanish-speaking Grocery Service: Wednesday, 10am
 - *Shekinah Worship Center*
 - Location: 42640 10th Street West, Lancaster, CA. 93534
 - Phone: 661-940-8378
 - Hours of operation: Hot meals every last Saturday of the month from 10am to 1pm, must arrive at 9am to receive ticket
 - *Salvation Army – Lancaster Corp*
 - Location: 44517 Sierra Highway, Lancaster, CA. 93534
 - Phone: 661-940-8378
 - More info: [Salvation Army Lancaster Facebook](#)
 - *Palmdale Community Foundation-S.A.V.E.S.*
 - Food services, motel vouchers, and senior food programs for low income individuals. Must present proof of income, proof of address, and valid identification.
 - Location: 1012 East Avenue Q-12, Palmdale, CA. 93550
 - Phone: 661-267-5191
 - Hours of operation:
 - Food: Monday through Thursday, 8am to 5pm
 - Extra helpings: Monday through Thursday, 3:30pm to 5pm
 - More info: [City of Palmdale SAVES Program](#)
 - *SA-Mountain View Mobile Home Park*
 - Food distribution for all. Must arrive early and bring state ID.
 - Location: 3255 E. Avenue R., Palmdale, CA. 93550 (Main Office in the Mobile Home Park)
 - Phone: 661-947-4700
 - Hours of operation: Second Tuesday of the month, 12 pm to 2pm
 - *Twin Lakes Community Church*
 - Drive up, pre-bagged grocery service. Homeless clients will be served in Mt. Olive Church parking lot. Non-Senior clients can have others pick up their food for them with a current piece of mail and a note giving permission.
 - Location: 17213 Lake Los Angeles, Los Angeles, CA. 93591
 - Phone: 661-264-1215
 - Hours of operation: Monday through Friday, 10am to 12:30pm
 - More info: [Twin Lakes COVID19 Updates](#)

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SPA 2: San Fernando Valley

Includes Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, LA Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.

- **Food: Free lunch for Children and Youth (0-18 years old)**
 - *Santa Clarita Valley School District Food Services Agency*
 - One bagged/boxed lunch provided per child. Students must be 18 years and younger to receive a meal. No proof of enrollment needed.
 - [Pick-up sites](#)
 - Hours: Monday through Friday, 12pm to 1pm
 - More info: [Free Meals Press Release](#)
- **Food: Food for all**
 - *MEND Poverty*
 - Free food distribution
 - Hours: Friday, 9am to 11am
 - More info: [MEND Poverty COVID Update](#) or e-mail information@mendpoverty.org
 - *SOVA – Community Food and Resource Program*
 - Food pantry program. Eligibility: Low-income and living within area zip code; the head of household must provide a proof of residency to begin or maintain services; must be official mail (e.g. utility bill, rent receipt, government check)
 - Location: 16439 Vanowen Street, Van Nuys, CA. 91406
 - Phone: 818-988-7682
 - Hours: Sunday, 9am to 12pm; Monday through Thursday 10am to 1:30pm
 - More info: [SOVA Services and Hours](#)
 - *Congregational Church of Chatsworth*
 - Grocery food distribution for all. Sign-ups begin at 12pm and distribution begins at 1pm.
 - Location: 20440 Lassen Street, Chatsworth, CA. 91311
 - Phone: 818-882-2474
 - Hours: Saturdays, 12pm to 5pm.
 - More info: [CCC Services](#)
- **Food: Free groceries for all**
 - *Freedom Church*
 - Grab and Go FREE grocery pick up
 - Location: 9200 Owensmouth, Chatsworth, CA 91311
 - Hours: Wednesdays from 12pm to 2pm
 - More info: [Freedom Church Facebook Post](#)
- **Food and MORE for all**
 - *Burbank – Temporary Aid Center- B-TAC*
 - Free groceries, assistance with utility bills, transportation assistance, ID/License replacement program, limited emergency shelter (via voucher), shower facilities, laundry facilities
 - Location: 1304 West Burbank Boulevard, Burbank, CA. 91506
 - Phone: 818-848-2822
 - More info: [BTAC Services](#)

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- *Loaves & Fishes-Glendale*
 - Pantry service. Free assistance with free meals, legal/immigration services (in the office next door). Must be an LA County resident, low-income household, have a valid form of ID. Must register via phone at (213) 318-5707 to participate.
 - Location: 4322 San Fernando Road, Glendale, CA. 91204
 - Hours: Monday through Wednesday, Friday from 10am to 1:30pm
 - More info: [Loaves and Fishes Services](#)

SPA 3: San Gabriel Valley

Includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Highland Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others.

- **Food: Food for all**
 - *Freedom Church*
 - Location: 5609 York Blvd., Highland Park, CA 90042
 - Community meals for homeless friends EVERY Saturday
 - *Foothill Unity Center*
 - Family food program, bagged lunch program (lasts two weeks), homebound grocery delivery (for seniors and disabled people)
 - Location: 191 North Oak Avenue, Pasadena, CA. 91107
 - Phone: 626-584-7420 / FAX: 626-584-7422
 - Hours: Tuesdays, 9am to 11:30am; Wednesdays and Fridays 1pm to 3:30pm
 - More info: [Foothill COVID-19 Update](#)
- **Food: Food for low-income families and individuals**
 - *Friends In Deed Food Pantry*
 - “Shelf stable” distribution. Must bring ID for each person in family, documentation with current address, and proof of low-income status. New registration between 10am and 12pm each day.
 - Location: 444 East Washington Boulevard, Pasadena, CA. 91104
 - Pantry Phone: 626-797-6072, email- pantry@ecpac.net
 - Agency Phone: 626-797-2402, Fax: 626-797-7353
 - Hours: Tuesday and Wednesday from 10am to 3pm, Thursdays from 10am to 10pm.
 - More info: [Friends in Deed COVID 19 Updates](#)
 - *Foothill Unity Center – Monrovia*
 - 415 West Chestnut Avenue, Monrovia, CA. 91016
 - Phone: 626-358-3486
 - Fax: 358-8224
 - *El Monte Emergency Resources – Food Bank*
 - 10900 Mulhall Street, El Monte, CA. 91731
 - Phone: 626-444-7269
 - *Salvation Army Food Bank – Pomona*
 - 490 East LaVerne Avenue, Pomona, CA. 91767
 - Phone: 909- 623-1579 x201

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SPA 4: Metro

Includes Boyle Heights, Central City, Downtown LA, Echo Park, El Sereno, Hollywood, Mid-City Wilshire, Monterey Hills, Mount Washington, Silverlake, West Hollywood, and Westlake.

- *Korean Youth Community Center*
 - www.kycc.org
 - [Resource Guide](#)
- *St. Francis Center*
 - Services: breakfast service, case management, clothing closet, showers/bathroom services, pantry services, rental and utility assistant program (over the phone)
 - 1835 South Hope Street, Los Angeles CA 90015
 - Phone: 213-747-5347
- **Food**
 - *The Hope Center / Hope International Church*
 - 4903 Fountain Ave, Hollywood, CA 90029
 - M-F Breakfast 10:30am, Dinner 4pm
 - hopeibf.org
 - *Wilshire Boulevard Temple*
 - 3663 Wilshire Boulevard, Los Angeles, CA. 90005
 - Phone: 213-388-2401
 - *Silver Lake Community Church*
 - 2930 Hyperion Avenue., Los Angeles, CA. 90010
 - Phone: 323-663-3151
 - For more information, please visit the [Silver Lake Community Church Landing Page](#)
 - *Our Lady Queen of Angels Catholic Church*
 - 535 North Main Street, (cross street- Cesar Chavez)., Los Angeles, CA. 90012
 - Phone: 213-629-3101
 - *Food Net- Centro Maravilla*
 - 4716 East Cesar Chavez Avenue, Los Angeles, CA. 90022
 - Phone: 323-260-2805
 - *Sova – Community Food and Resource Program*
 - 8846 West Pico Boulevard, Los Angeles, CA. 90035
 - Phone: 818-988-7682
 - Eligibility: Low-income and living within area zip code; the head of household must provide a proof of residency to begin or maintain services; must be official mail (e.g. utility bill, rent receipt, government check)
 - Metered parking available
 - *Hollywood Food Coalition*
 - 5939 Hollywood Blvd, Los Angeles, CA 90028
 - Phone: (323) 462-2032
 - Eligibility: Offers full, healthy packaged takeaway meals in the evenings from 5:45 – 8:30 pm, no questions asked.
 - *The Dream Center*
 - 2301 Bellevue Ave., Los Angeles, CA 90026
 - Phone: 213-273-7000
 - Eligibility: free meals for all LAUSD students

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SPA 5: West

Includes Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.

- *St. Augustine's SAVES- Saint Augustine's Volunteer*
 - 3820 Jasmine Avenue, Culver City, CA. 90232
 - Phone: 310-838-2702
 - Food distribution: Monday, Wednesday, and Friday from 9 a.m to 11 a.m
- *St. Anne's Church and Social Services*
 - 2017 Colorado Ave., Santa Monica, CA 90404
 - Phone: 310-829-4411
- *WSFB – St. Joseph's Center*
 - 204 Hampton Drive, Venice, CA. 90291
 - Phone: 310-396-6468
 - Food distribution: Monday from 10am to 12pm, Tuesday from 12pm to 3pm., and Friday from 12pm to 3pm

SPA 6: South

Includes Athens, Compton, Crenshaw, Florence, Hyde Park, Lynwood, Paramount, and Watts.

- **Food: free meals for Lynwood Unified School District (LUSD) students**
 - *Lynwood Unified School District*
 - Meals for youth up to age 18. No ID needed. Meals to be picked-up.
 - [See pick-up sites](#)
 - Hours: Monday through Friday 7:45 a.m to 10:15 a.m
 - More info: [Latest News / Resources for Families During School Closures](#)
- **Food: Free meals for Compton Unified School District (CUSD) students**
 - *Compton Unified School District*
 - 2-3 meals for youth up to age 18 at no cost. Meals to be picked-up. Beginning Tuesday, March 31, 2020, CUSD will be moving to multi-day meal service.
 - [CUSD pick-up sites](#)
 - Hours: Breakfast provided Monday through Friday 7:30 a.m to 8:30 a.m and lunch provided Monday through Friday from
 - More info: [Latest News / Resources for Families During School Closures](#)
- **Food: Free meals for children and youth (0-18 years old)** (needs to be confirmed)
 - *Teach Academy of Technologies*
 - Free meals for children under the age of 18. Pick-up only.
 - Location: 10045 S. Western Ave., Los Angeles, CA 90047
 - Hours: Monday through Friday, 9:30 am to 11:30 am
 - For more info: [TEACH Families Update](#)
- **Food: Free meals for all Lynwood children and youth (1-18 years old)**
 - *City of Lynwood*
 - Meals for children and youth ages 1 to 18 years old. First come, first service basis.
 - [See pick-up sites](#)
 - Hours: Monday to Friday, 2pm to 3pm
 - More info: Call (310) 886-0453 or (310) 886-0404 or email recinfo@lynwood.ca.us

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- **Food: Free meals for seniors**
 - *Willowbrook Senior Center*
 - Meals to be picked-up. Must call (310) 217-5650 to make an appointment
 - 12915 Jarvis Ave., Los Angeles, CA 90061
 - Hours: Food distribution Monday through Friday, 10 a.m to 3 p.m
- **Food: Free meals for all**
 - *Shields for Families -- Social Services Agency Food Bank*
 - Meals to be picked-up.
 - 11705 Deputy Yamamoto Pl., Lynwood CA 90262
 - Hours: Food distribution on Thursdays from 10 a.m to 2 p.m
 - More info: Call (323) 242-5000 ext. 4200
 - *Paramount Care Foundation*
 - Meals to be picked-up.
 - 8206 Alondra Boulevard, Paramount, CA 90723
 - Hours: Food distribution on Fridays from 8:30 a.m to 10 a.m
 - More info: Call (562) 531-6820
 - *East Side Riders*
 - Meals for all all. No ID required. Meals to be picked-up.
 - Hours: Monday through Friday, 9 a.m to 11 a.m
 - More info: [East Side Riders Instagram](#)
- **Free grocery pick-up and delivery for seniors**
 - *Greater Emmanuel Temple*
 - Seniors (65+) living in Lynwood, Compton, South Gate and Watts who are in need of groceries
 - Call (424) 296-0400 for service
 - Hours: Tuesday through Friday, 9am to 12pm
 - More info: [Greater Emmanuel Temple Services](#)
- **Free groceries for Florence-Firestone Seniors**
 - *Inner City Visions*
 - Groceries for seniors (65+) living in Florence-Firestone.
 - Call (323) 749-7246
 - More info: [Inner City Visions Senior Help](#)

SPA 7: East

Includes Artesia, Bell, Bellflower, Bell Gardens, Cerritos, City of Commerce, City Terrace, Cudahy, Downey, East Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, Lakewood, La Mirada, Los Nietos, Maywood, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, Vernon, Walnut Park, Whittier, and others.

- **Food: Free meals for all**
 - *Hawaiian Gardens Food Bank*
 - Meals for all. No ID needed. Meals to be picked-up.
 - 22121 Norwalk Blvd, Hawaiian Gardens, CA 90716
 - Hours: Wednesday, 2 p.m to 6 p.m, Thursday 9:30 a.m to 3:30 p.m
 - More info: Call (562) 425-4001

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- *St. Mary's Place*
 - Meals for all. No ID needed. Meals to be picked-up at Parish hall.
 - 7215 Newlin Avenue, Whittier, CA. 90602
 - Hours: Saturdays, 10 a.m
 - More info: Call 562-698-0107
- **Food: Free bread for children ages 5-13 years old**
 - *Los Angelito's Bakery*
 - Offers one free bread to each child present, ages 5 to 13 years old.
 - Location: 2881 E Florence Ave Huntington Park, CA 90255
 - Hours: Monday through Friday, 12 pm to 2 pm
 - More info: [Free Bread at Angelito's Bakery](#)
- **Food: Free food for Cudahy Seniors**
 - *City of Cudahy*
 - Essential meals for seniors (65+) living in Cudahy. Up to 10 meals per person a week.
 - Call (323) 773-5143 Ext. 232 or e-mail vsantiago@cityofcudahy.gov
 - More info: [City of Cudahy Essential Meals](#)
- **Food: Free groceries for Florence-Firestone Seniors**
 - *Inner City Visions*
 - Groceries for seniors (65+) living in Florence-Firestone.
 - Call (323) 749-7246
 - More info: [Inner City Visions Senior Help](#)
- **Food: Food and General Assistance for Bell Seniors**
 - *City of Bell*
 - Essential meals and services for seniors (65+) living in Bell.
 - Call the Bell Community Center at (323) 749-1596 for help.
 - More info: [City of Bell Senior Services](#)
- **Food: Food and General Assistance for Bell Gardens Seniors**
 - *Bell Gardens Recreational and Community Services*
 - Essential meals and services for seniors (65+) living in Bell Gardens.
 - Call the Recreational and Community Services Office at (562) 334-1779 or (562) 806-7650
 - More info: [Bell Gardens Senior Services](#)

SPA 8: South Bay

Includes Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach*, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Wilmington, and others.

* *City of Long Beach has its own Health Department*

- **Food: Free packaged meals for Hawthorne School District students**
 - *Hawthorne School District*
 - Students ages 0-18 can pick up free packaged breakfast and lunch 10am-12pm on weekdays at four school sites. Children must be present to receive meals.
 - [HSD pick-up sites](#)
 - More info: [Hawthorne School District COVID-19 Updates](#) or contact Nutrition Services Department at (310) 263-3990

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- **Food: Free food for all**
 - *House of Hope*
 - Location: 1523 Crenshaw Blvd, Los Angeles, 90019
 - 7 Days a Week: Breakfast 9am, Lunch 12pm & Dinner 5pm
 - Phone: 323-663-1214
 - More info: [House of Hope Services](#)
 - *Toberman Neighborhood Center*
 - New and current clients may call Toberman to schedule at home delivery. Food is delivered to the doorstep to minimize the face to face contact. Grab & Go Meals for children during school year, hot meal every weekday at 3:30pm. TNC also offers rent/utilities support and monetary support.
 - Location: 131 N. Grand Ave., San Pedro CA 90230
 - Phone: 310-832-1145
 - More info: [Toberman COVID-19 Service Update](#)
 - *WSFB –Salvation Army*
 - Provide groceries and food. Call the pantry before showing up.
 - Location: 324 E. Queen Street, Inglewood, CA. 90301
 - Phone: 310-677-3375
 - Hours: Monday through Thursday, 1pm to 3pm; Fridays, 9am to 12pm
 - More info: [WSFB Service Updates](#)
- **Food and more for low-income and homeless families**
 - *St Margaret's Center*
 - Low-income and homeless families can receive comprehensive range of emergency and supportive services: food pantry, homeless, programs, education classes, health and wellness, social support
 - Location: 10217 Inglewood Avenue, Lennox, CA. 90304
 - Phone: 310-672-2208
 - More info: [St. Margaret's Center Services](#)
- **Food: Packaged food for Seniors**
 - *City of Hawthorne*
 - The Grab N Go Program provides one bag of snacks per senior age 60 and older. Must be present.
 - Location: 3901 W. El Segundo Blvd., Hawthorne
 - Hours: Monday through Thursday 10AM-1PM
 - More info: [City of Hawthorne Services](#)