ABOUT US

We Exist is a Los Angeles County DMH-funded program dedicated to expanding access and improving services for Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Two Spirit (LGBTQI2-S) transition age youth and their families/caregivers.

We Exist serves the:
* Antelope Valley
* San Fernando Valley
* West L.A.
* South Bay/ Harbor Cities

CONTACT

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**LGBTQI2-S SUPPORT GROUPS**

We Exist offers peer-run support groups for LGBTQI2-S transition age youth and their family members/caregivers.

*TAY Peer Support Group*
A weekly group for youth ages 16-25 discussing LGBTQI2-S identity formation, coming out, healthy relationships, safer sex, stigma and discrimination, mental and physical health, and more.

*Family/Caregiver Support Group*
A weekly group for family members and caregivers to assist them in supporting LGBTQI2-S loved ones. This group discusses LGBTQI2-S identity and terminology, coming out, stigma and discrimination, bullying and harassment, suicide prevention, and mental and physical health, and more.

**LGBTQI2-S TOOLKIT TRAINING**

We Exist's Toolkit Training gives service providers and community organizations an overview of critical issues facing LGBTQI2-S youth across Los Angeles County and provides strategies for creating more inclusive and affirming services for LGBTQI2-S clients.

This training covers:
- Safe & Welcoming Environments
- Clinical Considerations & Interventions
- Outreach & Engagement Support & Strategies

**COMMUNITY PRESENTATIONS**

We Exist provides presentations to community groups to increase awareness of issues relevant to today's LGBTQI2-S youth.

Topics include: LGBTQI2-S Terminology, Coming Out, Stigma & Discrimination, Bullying, Suicide Prevention, STI & HIV Prevention, Intimate Partner Violence, Substance Use Disorders

Outreach & Referrals
Support Groups
Toolkit Trainings
Community Presentations